Yearly Horoscope

for Oprah Winfrey

Cast for 17 September 2026

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Birth data: 29 January 1954, 04:30, Kosciusko, Mississippi, USA.

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2026-09-17 · Moon in Sagittarius · Waxing Crescent

The Year — Annual Profection

Every twelve years the count returns you to your own front door, and this year is that homecoming. The first house is not one department of your affairs among the others. It is you: what you are called, your manner on arrival, and the snap judgement strangers reach before any real conversation has started. For these twelve months everything sits under that heading, and beneath the lot runs a plain question. Who are you now, and who have you stopped being?

Mostly the year shows up as small beginnings, a dozen of them instead of one grand launch. You start things on your own initiative rather than waiting for an invitation. A description people have used for you for years begins to fit badly, and you might hear yourself correcting it aloud. Old acquaintances may say you seem different, while newcomers meet a version the old crowd has yet to notice. What you start here tends to set the tone of the eleven profected years that follow, since each of them builds on whatever this one put in motion.

Two things spoil a year like this, and each is the reverse of the other. One is making every subject about yourself: each conversation steered back to your plans, each decision weighed on your scale alone, until the people nearby start to feel like extras in a film about you. The other is ducking the year altogether, keeping busy with other people's agendas so that nobody, you included, ever asks what you want. The

second is commoner, and it passes easily for modesty.

What helps is answering the year's question in choices rather than in resolutions. Drop the label you have outgrown without holding a ceremony for it. Begin something nobody else in your circle would think of beginning. Spend time where you are met as you are, not as people remember you. One technical point is worth knowing too. The planet in charge of this year is the ruler of your rising sign, which makes it the ruler of the whole chart, so for once the planet steering the year and the planet that steers you are the same one, and its condition weighs more heavily than in other years.

The line to keep: this year, you are the subject, not the audience.

Jupiter is the lord of your year right now.

When Jupiter rules your year, things open. Jupiter stands for growth, reach, faith and good fortune, and in his twelve months doors give with less pushing, generosity goes round and comes back, and the horizon gets nearer when you walk toward it. Saying yes is cheaper for a while.

The house he holds at birth is due its expansion, his sign sets the year's style of plenty, and his natal aspects show which channels run freely and which need clearing first. The year rewards the bigger yes, to a wider part to play, a long trip, a course of study, an audience. Teachers and benefactors turn up, and so do chances to be one for somebody

else.

Because everything grows, mistakes grow too. The year overreaches when promises go past what you can carry, optimism is asked to do arithmetic, more is taken for better, and luck is spent as if the supply had no bottom. The expansion holds when it rests on walls that bear weight: each yes chosen rather than collected, and faith paying for the planning instead of replacing it.

A Jupiter year makes most things bigger, including the commitments you never quite meant to make, and the bill for those is sent later, never in the year itself.

The Chapter — Firdaria

The Dragon's Head, the North Node, rules for three years, and they move faster than anything that came before them. The Head adds, gathers and joins. Under it, invitations arrive from off the map you have been using: things never tried, places never visited, versions of yourself that nobody can vouch for yet. The current runs one way only. Nostalgia gets expensive, and the familiar exits quietly lose their handles. Connections form quickly, sometimes between corners of your world that had never touched.

Increase is the signature of these years, but it is increase with a direction. What grows is whatever carries you closer to the life your chart has pointed at all along, which explains why the growth so often feels premature, like being handed shoes a size up and told to walk in them. Three years is not long. The chapter teaches by enrolment rather than by syllabus, and most of its lessons are learned halfway through doing them.

Appetite can outrun digestion here. Doors get chased because they are new rather than because they lead anywhere, and the future becomes a way out of every uncomfortable present. Whatever you bring into the Head's years gets bigger, the restless habit included. A North Node chapter that holds together picks its unfamiliar doors on purpose and walks through them one after another, which is how three years come to carry something close to a decade's growth.

The line to keep: the Head's three years tend to hand you something ahead of schedule, and it fits once the Tail takes over.

The Inner Clock — Secondary Progressions

Your progressed Sun is in Aries, in a roughly thirty-year chapter of assertion and initiative. The chapter began at about age 51: you are some 22 years in, with about eight years to go before the progressed Sun moves into Taurus at about age 81. Your evolving core self grows

bolder, more direct, more willing to lead and to act for itself; you may discover a courage and independence that earlier years kept quiet. Where the previous sign may have held you in reflection, receptivity, or completion, Aries demands that you begin — that you put yourself forward without waiting for permission. The invitation is to start things, claim your own will, and let yourself be first without guilt. It sours, when it sours, into impatience, aggression, or the selfishness that confuses initiative with entitlement. All through this chapter the cautious, waiting versions of you get less of a say, and people meet you differently — with more respect, more challenge, or both. Live this chapter by daring to begin, by standing on your own, and by learning that leadership is not the same as domination.

A crisis of action marks the FIRST QUARTER phase of your progressed Moon. The new cycle now demands you build something concrete, and obstacles appear precisely to make you assert, decide, and act. This is a turning point that asks for will and construction, not reflection. You cannot think your way through this phase; you must do something, make something, confront something. The friction you encounter is not punishment — it is the resistance that forces you to discover how serious you are about the direction you chose at the New phase. Handled well it is real momentum and the structures you raise under pressure — the projects, commitments, and relationships that take shape because you fought for them. The caution is being

overwhelmed by the obstacles or forcing things so hard that you break what you are trying to build. What to do: meet the challenge head-on, build the concrete thing, let the crisis make you decisive, and remember that every lasting structure was built against some form of resistance.

The progressed Moon in Leo brings the heart out into the light. Through these years your feelings want to be expressed rather than managed, and they want a witness: a partner who notices, friends who applaud, a room that responds. Play matters more than it has in a while, and so do creative work, romance and, for many people, children, their own or someone else's. Pride is nearer the surface too, so praise lands harder and neglect stings longer than you expect. Visibility will increase during this phase, inside your own life rather than in public, and you will discover that you actually want it.

Well spent, these years make you generous with warmth: confident enough to say what you feel plainly, to make something and sign it, and to be openly glad when someone sees you. Badly spent, they leave a hunger for an audience that never quite gets fed, the performance of a feeling in place of the feeling, and the sulk when the applause is late. For many, these years restore a confidence the previous chapter wore thin, and what they keep from them is a feeling of being allowed to take up room. If this chapter brings out a performer you did not know was there, give it a stage; it is a side of you that has waited a long time

for one.

The line to keep: wanting to be seen is not a flaw you developed. It arrived on schedule and it leaves on schedule, and two and a half years is a long time to spend embarrassed about it.

Your progressed Moon is in the eighth house, and these two and a half years go somewhere most of the chart does not. This is the house of what is shared and what is hidden: joint money, debt, inheritance, other people's resources, intimacy of the sort that costs something, and the material that does not get discussed at dinner. Financial entanglement with someone else frequently becomes live here — a mortgage, a merger, a will, a separation of accounts.

Emotionally the period runs deep and narrow. Feelings intensify, privacy increases, and things long buried have a way of surfacing without being invited. People often describe these years as heavy, and also as the years they stopped pretending about something. Endings belong here too, and the eighth house is unsentimental about them: what has finished is allowed to finish. The gift in it is honesty. Nothing superficial survives an eighth-house Moon, and what remains afterwards is generally load-bearing. The cost is brooding, and the suspicion that goes with it — reading motives where there are none, holding on to a grievance because letting go feels like losing. Use the period to settle what is genuinely shared, say the unsaid thing to the

one person it concerns, and let the rest go under.

It moves on to the next house in roughly 2.4 years.

Your progressed Mercury is in Pisces, and your thinking becomes more intuitive, imaginative, and porous. The boundaries between rational thought and feeling dissolve; you process information through impression and association rather than through logic. Your mind becomes more creative but also less precise — you grasp wholes rather than parts, and your communication carries a poetic or visionary quality that linear language struggles to contain. At its best it is an imaginative intelligence that can perceive what rational thinking cannot — the emotional truth of a situation, the hidden connections between seemingly unrelated things, and the creative possibilities that emerge when the analytical mind relaxes its grip. The shadow is the mental confusion that cannot distinguish intuition from wishful thinking, the vagueness that substitutes feeling for clarity, or the mind that escapes into fantasy when reality demands practical attention. Live this chapter by trusting your imagination, by expressing what you see in creative forms, and by grounding your visions in the discipline required to make them real.

Your progressed Venus is in Taurus — its own sign — and your values root themselves in the tangible. Love becomes more physical, more patient, more concerned with what endures than with what excites.

Your aesthetic sense deepens toward natural beauty, quality materials, and the simple pleasures of the senses — food, touch, music, landscape. You want less that is flashy and more that is real. Handled well it is a capacity for steady, reliable love that grows richer over time rather than burning out, and an appreciation for beauty that goes beyond appearance to include texture, quality, and sensory depth. The shadow is the possessiveness that confuses love with ownership, the materialism that measures worth by what it can accumulate, or the inertia in relationships that clings to comfort even when the relationship has lost its life. Live this chapter by building lasting beauty, by loving with patience, and by enjoying what is real without grasping at it.

Your progressed Mars is in Sagittarius, and your drive expands toward larger goals, broader horizons, and the pursuit of meaning. You lose patience with petty conflicts and develop an appetite for the big fight — the cause, the principle, the adventure that gives your energy a sense of purpose beyond personal gain. Your anger becomes righteous and your courage idealistic. The mature turn is an adventurous drive that takes bold action in service of genuine beliefs, a physical energy that thrives on challenge and exploration, and a capacity to inspire others through the force of your conviction. The shadow is the zealotry that turns personal belief into a crusade, the recklessness that takes unnecessary risks for the thrill of it, or the moral aggression that judges

others by standards it does not consistently apply to itself. Live this chapter by fighting for what you believe in, by channelling your restless energy into exploration, and by remembering that conviction without humility is fanaticism.

The Chapters of Life — Zodiacal Releasing

Lot of Spirit in Libra · current chapter began around age 62 and runs 30 years

An Aquarius chapter runs thirty years, the longest of all, and it is given over to freedom, community and the work of something larger than yourself. It asks you to step off the inherited path, to question what everyone around you takes for granted, and to find your own way of doing things in service of a future you actually believe in. Where some chapters turn inward, this one turns outward, toward the group, the cause and the shape of what is coming next.

Arriving in childhood, an Aquarius chapter often shows as an original, independent child who goes their own way, makes friends across every group, and asks why things are done the way they are. Across a working life it tends to mean a turn away from conventional roles toward work with ideas, technology, science, reform, justice or community, or simply the nerve to do your own thing in your own way. In the later years it can bring a circle of like-minded people,

causes that claim you, and the freedom to live by your own lights at last.

Friendship and alliance matter throughout; so does the future you are building toward. Technology and the shape of the times may play a part. You may find your people in these years, the circle or movement that shares the vision, and you may invent, organise or simply refuse to live by a script that was never yours.

The risk is freedom that curdles into alienation: rebellion for its own sake, detachment that goes cold, principles held so high they lose the human warmth beneath them, and an outsider feeling that hardens into real isolation. You can free yourself right out of belonging. The fulfilment is liberation in service of the whole: your particular gifts given to something that matters, and a self true to its own strange vision yet still connected to real people.

The line to keep: this is a chapter for setting yourself free and then giving that freedom away, so follow your own truth and let it serve more than yourself.

A Leo season brings the days out into the light. The pull is toward visibility, creativity and play: the project shown rather than hidden, the talent finally given an audience, the party, the performance, the moment you say what you think and put your name to it. It is a season

that rewards warmth and nerve, generosity of spirit, and the willingness to be seen trying. Children, romance and whatever is made with love may come forward, along with a stronger wish to be appreciated. You may feel braver than usual, and more sensitive to being overlooked by the people whose notice matters. The shadow of the period comes in two forms: a craving for applause that turns each room into a stage and each small slight into an injury, or a retreat from the spotlight because judgement feels unbearable, and the work stays in a drawer. Pride can make it hard to take advice, and needing praise can hand your mood to whoever is watching. The bright version is confidence with a heart in it: creative work made and shared, leadership that lifts everyone nearby, and a pleasure in being yourself whatever the room makes of it. Some of the best things made in a life are made in seasons like this one, because for once the maker allows themselves to enjoy it.

The line to keep: what you make in this stretch wants witnesses, and that is not vanity; something built and never shown to anyone tends to stay half-finished.

This is a preparation period — a quieter season, turned inward. In the language of this technique, your time-lord sits in a cadent, behind-the-scenes place, which means the growth happening now is mostly private: not the harvest, but the planting. These are the years that don't look like much from the outside, and yet they matter

enormously, because everything you build quietly now becomes the ground a later peak will stand on. The work of this season is interior — learning, healing, preparing, deepening, becoming ready for what you can't yet see. Often the outer world goes quiet at just this time — a lull in recognition, a pause between roles, a stretch where little seems to land — and that quiet is not a verdict on your worth; it is the technique working exactly as designed, handing you the unwatched time in which the next thing is grown. The shadow of a preparation period is the impatience that can't bear the quiet: the restlessness that mistakes a fallow season for a failing one, the procrastination and self-doubt that creep in when nothing visible is happening, the temptation to force a harvest before the seeds have even rooted. You can spend a whole preparation season convinced you're falling behind, when in truth you are getting ready. There's grief sometimes in the lull, and a quiet fear that the silence means you've been forgotten. The achievement is faithful, patient inner work — building the skills, the strength, and the self-knowledge that the next chapter will draw on, and trusting that what grows in the dark is still growing. You learn resilience and patience here, the deep quiet virtues that loud seasons can never teach.

The line to keep: this is a season for planting, not harvesting — do the quiet inner work, and trust that nothing real grown now is ever wasted.

The Outer Atmosphere — the Slow Planets

✥ *Transiting Chiron trine natal Ascendant*

Chiron trines your Ascendant across many months, more than once, and it becomes easier to show the world who you actually are. Old self-consciousness about the impression you make, or about some private part of you normally kept out of view, softens. People respond kindly to your honesty, and you may discover you are better than you thought at helping others relax. It suits any step that involves being seen: joining a circle, launching something public, speaking about an experience you have usually kept private, or changing your appearance to match who you are today, not who others expected. Friendships with people who know difficulty from the inside tend to deepen.

Trines never insist, so the opening is easy to miss. A small act of openness, made deliberately, is usually enough to start it working, and each one makes the next easier.

The line to keep: people are kinder to the unpolished version of you than you expect, and this year gives you the evidence. Let a little more of it be seen on purpose, and notice that nobody leaves.

✥ *Transiting Uranus opposition natal Moon*

Uranus opposes your Moon for a year at least, often nearer two, the exact opposition normally made on three occasions while Uranus

advances, stalls, retreats and comes on again. The Moon describes what lets you feel held: a base, a sense of being expected somewhere, the company you can drop your guard with. Uranus stands for freedom, surprise and breaking routine. The Moon is also habit, the hundred small things you do without deciding, and Uranus questions them from outside, one at a time. An opposition works across the chart, through others and through events, so the push for change usually comes from someone else's direction first, before you admit it is also yours.

In practice somebody near you changes the arrangement. Someone close wants more room, a friend moves away or suddenly needs you differently, or a landlord, a neighbour or a passer-by shifts the ground under how your days run. It looks like being unable to settle in the evening, when the day has stopped supplying distraction and the question of whether your life suits you is left standing there. Bursts of restlessness come at awkward moments and leave as suddenly, which makes planning around them nearly impossible. It can bring welcome surprises too: a move that frees you, a new way of sharing space that suits everyone better, a friendship with someone unusual, or a feeling that lands whole and settles a question you have turned over for months. The Moon is about belonging, and under this opposition Uranus has a habit of introducing the people you actually belong with, who may not be the ones you started with.

What you meet outside often mirrors a restlessness you have not yet admitted inside. Pay attention to what you envy in the people who are changing things around you; it is often the exact freedom you have been refusing yourself. The reverse happens too. Someone who has spent months quietly pushing back may finally get a sharp answer from you, or you may discover that somebody close has felt hemmed in by an arrangement you assumed suited everybody. One person wanting more independence while another hears it as rejection is the classic shape of this opposition, and you can play either role, and sometimes both within a year.

Left unexamined, the opposition magnifies insecurity. Worry about exposure and about letting others down turns into walls: you hold people off, avoid any situation where the feeling might show, and replace real closeness with rigid routines that at least never surprise you. Intimacy begins to seem threatening, and the people who might help stop trying. Rushed decisions are the other hazard. A sudden move, a sudden goodbye or a sudden refusal can feel like relief in the week it happens and like a mistake by the following season, and the opposition supplies plenty of weeks in which relief looks like the only thing worth having.

It helps more to notice where you have handed your own needs to someone else to carry. When somebody sets off an old reaction, ask what you are feeling and if it is really about them or about the same

pattern in you. Leave a gap between feeling something and replying to it. Meditation lengthens that gap over time; in the moment, a slow count before you answer is enough to see where the feeling comes from. Choices about your living arrangements made during these passes tend to last, so make them on purpose rather than in a rush to end the discomfort, and talk them through with whoever they touch. A useful question to keep asking is which of your comforts you chose and which simply piled up around you.

The line to keep: your need for room and your need to be held are pulling against each other, and neither one is the wrong need. Most people settle this by pretending they do not have one of them.

❖ *Transiting Pluto sextile natal Moon*

Pluto keeps a sextile to your Moon for at least a year, revisiting it as it turns retrograde and direct, and feelings you have kept at a distance become approachable. You can face them with more strength than usual and without being swept away. Your Moon holds your emotional habits and what you need in order to feel safe, along with the private ways you settle yourself. Pluto brings depth, honesty and change from the roots up. At a sextile it offers rather than forces: hard questions, old stories and a relationship that wants more candour can each be taken up now without an ordeal.

You may notice it first where you live. Old arrangements get reconsidered: who looks after whom, what the rooms are for, what you keep and what finally goes. Domestic changes, a clear-out, a repainting, a new setup, can mark the shift. Pluto's sextiles are slow and quiet; what changes during one tends to last. Your moods keep their own record of feeling, and they are worth listening to: what you suddenly want, and what you suddenly cannot face, often shifts as buried material moves. Treat those swings as information rather than trouble. A story you have told about yourself for years may prove to have a second half, and a gentler one than the half you knew.

Conversations change texture too. Difficult things get said without anyone bracing for the fallout, and heard with no one keeping score. Someone close may surprise you by answering straight about something you have skirted for years, simply because, this time, you asked in a voice that left room for the answer.

The hesitation is real. There can be a fear of what might come up if you push too hard, or of unsettling other people with truths they would rather not hear. That fear is worth respecting, but not obeying. A sextile also makes avoidance cheap: nothing breaks if you leave the old material where it is, and the whole stretch can slip by while you call the quiet proof that nothing needed doing.

The strength of the contact shows once you start to put the feelings into words, with yourself first and then with one or two trusted people whose view is steadier than your own. Put the unasked question to whoever can answer it. Read the old letters if there are letters. None of this needs to be forced. Go slowly enough that you could keep going for months, and stop for a while whenever it gets heavy; the contact returns more than once over its span, so the work can be done in stages, and each pass picks up roughly where the last one left off.

The line to keep: you can go down into the old material and come back up again while this holds, which is not true in every year of a life, and whatever you face during it stays faced.

✥ *Transiting Neptune trine natal Moon*

Neptune trines your Moon across a year or more, usually in three slow passes as it goes backwards and forwards over one degree, and the wall between your feelings and other people's grows thinner, mostly in kind ways. Your Moon governs the emotional weather: what makes you feel secure, how you react before thinking, the moods that colour a day. Neptune brings sympathy and imagination, and it pines for a gentler, finer world than the daily one. Here the two cooperate. Fellow feeling comes easily, the imagination sits close to the surface, and old grudges soften without being argued with.

Feeling and circumstance line up more often than usual, and the effect is subtle: fewer days spent managing a mood that does not match anything happening around you. It is worth noticing while it lasts, because the managing is so habitual that its absence registers as nothing in particular rather than as relief. The pull is towards gentleness in your surroundings: music on, fewer arguments about small things, a room cleared that has held a mood for too long. Forgiveness gets easier, including towards people you had quietly stopped expecting anything from, and a reconciliation that seemed out of reach can happen almost without discussion. Animals, people who are frightened and anyone having a bad time respond to you strongly now, because they can tell you are not in a hurry.

People near you find you easy to confide in while this lasts. One of them may share something kept from everyone else, and you will know before they finish what it cost them to say. That trust is worth keeping carefully, along with the knowledge that understanding someone's sadness is different from taking it on as your own. You can keep a person company through a rough week and still come back to your own evening.

The imagination does better than the paperwork. Creative work, looking after someone, and any task that depends on sensing what has not been said all go better than usual. Detailed forms do not, so during this trine it is wise to have someone check the figures, the dates and the

small print, not because anything is going wrong but because your attention is simply elsewhere. Spending drifts towards experience and comfort, a concert, a trip, a donation, and most of that is money well spent. The exception is anything sold to you on the strength of a feeling: a cause, an investment or a person whose story moved you more than the facts did. If you want to give, and you probably will, give to something you have checked, and set the amount before you read the appeal.

Neptune's idealism can also arrive as a compassionate fog, thick enough to be comfortable and thick enough to smother in. Drift comes easily under this contact: letting a pleasant mood stand in for decisions, backing away from anyone who raises something difficult because they spoil the atmosphere, and taking on other people's sadness until you no longer know whose it was. Underneath sits a fear of losing the peace, so anything complicated is postponed, and then postponed again at the next pass.

The sensitivity needs a container. A regular meditation practice suits this contact unusually well, because it trains exactly the capacity the trine offers, to feel a great deal without being carried off by it. One practical anchor helps as well, a friend with a clear head who says plainly what they see, so the softness has somewhere solid to return to. Every pass gives you a slightly clearer view of the same material, and the second or third is often where the real change happens, once the

first rush of feeling has settled and you can see what it was pointing at.

The line to keep: you can feel what other people feel more easily than usual, which is a gift and a leak. Several of this year's moods will have started in another person, and you will seldom catch the point where they crossed over to you.

❖ *Transiting Uranus trine natal Venus*

Uranus trines your Venus for about a year, with a return or two as it stalls and backs over the angle, and your tastes, pleasures and attachments loosen in a welcome way. Venus governs affection, pleasure, beauty and value: what attracts you, and which purchases you never regret. Uranus adds surprise, freedom and invention. The trine lines them up, so change comes as a pleasure rather than a shock.

Something you have always enjoyed finds a fresh form. New styles, music, food, places or kinds of company start to appeal, and experiments that usually seem risky come naturally. Someone who breaks your usual pattern may come into your life and fit you better than the pattern ever did. Ties you already have benefit from a little more space and a little more honesty, and doing something new together can make an old closeness feel newly chosen.

Anyone who makes things gains most. A change of medium, a collaboration with someone unexpected, or showing a piece nobody has seen yet can all go better than you expect. Money can come through unusual channels too: a small sale, a creative idea, an odd arrangement that happens to suit you. Keep the stakes modest and the curiosity high.

Nothing gets tried because nothing is forced, and that is almost the sole way this trine goes to waste. Easy contacts do not insist, and the familiar wins merely by being there first. A pleasant year passes, and the new tastes you flirted with never get past the flirting. People also mistake ease for permission and spend more freely than the trine can justify; a light touch costs less than a big gesture and teaches as much.

Trying new things cheaply and often suits this contact best. A tasting beats a commitment, a borrowed instrument beats a bought one, and an afternoon beats a season. Some of what you try will bore you within days. The handful that survive are worth following further, since they are likely to become lasting additions to what you love.

The line to keep: this trine will have you liking something you have sneered at for years, and the hardest part will be admitting it out loud.

❖ *Transiting Uranus trine natal Sun*

Uranus trines your Sun for roughly a year of on-and-off contact, usually three passes, and change comes with the door held open rather than kicked in. The Sun is your centre and your purpose; Uranus is the break from habit, the new idea, the freedom to be odd. A trine lets them cooperate. Instead of the upheaval Uranus brings under harder contacts, you get a chance to alter your life on terms you set, at a pace you choose, with very little standing in the way except habits of your own making.

You will carry yourself differently in a way other people register before you do — less braced, and markedly less concerned about who is watching. Ideas you used to keep to yourself come out in conversation, and people find them interesting rather than strange. New interests turn up out of nowhere and stick: a craft, a topic, a circle of people unlike the ones you know. What surfaces in the quiet hours is clearer and less fragmented than usual, and it tends to be about what you want rather than about what you fear.

The routine loosens. You change the way you do small things, the route you use, the shape of the morning, the clothes you wear, and the small changes make room for larger ones. Chance meetings matter more than usual. An invitation you would usually refuse turns out to lead somewhere, and a person you meet sideways ends up mattering. Technology, travel, a class, a move: anything that widens the frame goes well, and goes without the drama that usually comes with change.

Even an old interest can come back altered, picked up from a new angle that makes it fresh again.

With nothing forcing it, a year of this trine can pass with very little happening. Comfort has its own pull, and a settled life can absorb a whole run of quiet invitations without accepting any of them. A second habit gets in the way too: treating any change as a danger to your identity, so that even a welcome opening gets refused until it closes. Notice what you say no to, and why. A short meditation on that question, sitting still with whatever answer comes, is often enough to show which refusals are wisdom and which are habit.

What this passage leaves behind is a self that fits better. Not a different person, but the same one with fewer rules borrowed from other people. You may stop explaining your choices to people who never asked. You may start something you used to call unrealistic and see that it is simply realistic now. Anyone who knew the earlier you may need time to adjust, and the friends worth having usually do, often with some relief, because the change suits you and they can see it plainly.

The line to keep: you are allowed to want a different life without anything being wrong with this one. Most people need a disaster for that permission. You are being offered it without.

❖ *Transiting Neptune square natal Ascendant*

Neptune works a slow square to your Ascendant over some two years, hitting the exact degree, drifting off it and returning at least three times, and the outline you show the world loses its sharp line. The Ascendant covers your manner: how you step into company, the first impression you leave, the face you put on before anyone has asked you a question. Neptune softens whatever it touches until the line between one thing and the next is hard to find. At a square the softening rubs against you instead of flowing, so you feel less certain who you are in company, and other people may see in you whatever they want to see.

The mismatch is small and constant. You introduce yourself and the words sound borrowed. A friend sums you up for a stranger and you hardly recognise the character in the summary. You keep presenting a version of yourself that no longer fits, and the effort of maintaining it is the friction this contact actually produces. Plans and promises carry the same blur. Paperwork and agreements need extra care, because the realistic and the wishful look alike just now, so go through the terms slowly and put one blunt question to the other party before signing anything that matters.

Sensitivity runs high under this contact, and so does idealism about other people. You project generous expectations onto someone even while the evidence in front of you is saying otherwise, and kindness shades into confusion about where you end and someone else begins. At the low points you hide. Dread of looking flawed sends you behind

a polished surface, and drifting into fantasy about a person, a place or a life that never quite existed feels safer than being known. Loneliness follows, because nobody can reach a person who is hiding behind an idealised version of themselves. Anything that blurs your edges further, company that only flatters, an online self that is easier to like than the real one, only adds to the fog.

It helps to let the old self-image go in instalments and to show more of the person underneath. Put the sensitivity into something you believe in: sitting with someone who needs a patient listener, making something, standing beside a cause that is practical rather than grand. Transparency is less frightening than it looks. When people see the imperfect human, most of them are relieved. Keep a few plain anchors close as well: friends who tell you the truth, facts you check rather than assume, arrangements written down where both sides can see them.

A new style, a new name or a new way of introducing yourself can all be tempting now; try them lightly and keep whichever still feels like yours once the fog has thinned. Doubts about where you are steering can ride along with this. If a role you play among the people you know no longer suits who you have become, the square makes the mismatch hard to ignore. That is useful information, better acted on slowly, once you can see, than quickly in a fog. When Neptune finally leaves, the face you show has drifted closer to the one underneath, and it needs far less upkeep.

The line to keep: people read you wrongly now, and some of the misreadings are convenient enough that you let them stand for months, while an unflattering one gets corrected inside a day.

✥ *Transiting Chiron opposition natal Neptune*

Chiron opposes your Neptune for a number of months, at times in three passes scattered through the seasons, and it presses on the softest, most porous part of you. Neptune holds your ideals, your imagination, your hunger for something larger and your talent for escape. Chiron is your tender spot, the one that eventually turns teacher. In opposition the pressure comes in from others and from circumstance, which is why, early on, it seems to be something done to you.

What is heightened is your permeability. Other people's moods arrive as though they were your own, and sorting out whose is whose takes effort you did not budget for. Ordinary messages read as loaded. A neutral line from somebody whose opinion matters to you scans as displeasure, and you will answer the version you imagined rather than the one they actually sent. A plain question, asked before you reply, saves a surprising amount of grief, and so does waiting until the next day before deciding what a silence meant.

Somebody you idealised can prove ordinary, or a cause you gave yourself to may show its cracks. A mentor, a close friend, a group you

trusted with your hopes: the opposition tends to find whoever carries the projection and lets you see them at their actual size. That stings. It is also clarifying, because a person at their real size can be loved and argued with and forgiven in ways an idol never can, and the friendship that survives the fall is usually sturdier than the one that went before.

Your dreaming carries much of it. What still hurts turns up in your dreams and in whatever you are making, which is an easier place to meet it than most. Old material surfaces in a form that is hard to date. It arrives without the year attached, which is most of why it feels current. Painting, music, writing, prayer, time near water: anything that lets a feeling take shape without having to be explained gives it somewhere to go, and what you make in these months often says what you cannot yet put into sentences.

Fog is the tempting answer when it hurts. You drift into whatever blurs the edges, screens, fantasy, long retreats from anyone who might see the sore spot, and you hear helpful remarks as criticism of your inner life. Offers of guidance can feel like intrusions, so the very friends who could help most get held at a distance, out of a worry that your private vision cannot bear being examined. It usually bears it fine. What cannot survive is the habit of hiding it.

Spiritual life is often where the opposition does its deepest work. A practice, a creed or a teacher you have relied on can stop answering, or

answer in a voice you no longer trust, and the silence feels like losing faith altogether. Usually what changes is the form. The faith that comes out of these months is plainer and leans on no single person, and it copes with bad weather better precisely because it has weathered some.

By the end the opposition leaves behind a kinder, more grown-up way of hoping: one that sees people and causes at their true size and still finds them worth caring about. Journaling your dreams beside the day's encounters, a few lines each morning, shows the mirror in action: who stirred what, and which feeling was really yours to begin with. Compassion grows here too. Having felt how easily ideals bruise, you become unusually good company for anyone going through the same disenchantment, and they tend to find you.

The line to keep: the disappointment arrives through someone else, but the ideal it breaks was yours, which is why it hurts more than their part in it deserves.

The Structural Builders — Jupiter and Saturn

❖ *Transiting Jupiter sextile natal Midheaven*

Jupiter sextiles your Midheaven across a few weeks, returning twice more over several months if a retrograde loop brings it back. The

Midheaven is where you stand publicly and the course you are setting, the side of you known to people outside your private life. Jupiter swells whatever it lands on. A sextile is a mild way for that to happen — an opening offered rather than a door kicked in — so the growth on offer is real, though the reaching is yours to do.

Mostly it comes in small chances. Somebody mentions your name in the right conversation. An invitation comes to speak, show, teach or take on a bigger role than the one you usually accept. A plan tinkered with in private suddenly finds an audience. Most of these chances come through people already in your life, not strangers, and they come casually, in passing. Nothing here resembles a turning point. Each piece is easily postponed, and the sextile depends entirely on you not postponing it, because a missed chance under a sextile does not come back by itself.

Optimism runs high, and usually it helps. You can picture where your direction leads with unusual clarity, which makes saying yes to the next step easier. Jupiter also likes grand plans, though, and this aspect lacks the force to carry a grand plan alone, so the enthusiasm can outrun what a few weeks can deliver. Then a flat day arrives on which the distance from vision to evidence looks enormous, and the flatness is misleading. It passes, as Jupiter's moods do.

Keep the steps small and the aim large. Send the message, accept the invitation, show the half-finished piece to whoever's opinion really counts, and let each modest success count by itself rather than measuring it against the whole dream. Recognition under this contact is usually local — a handful of people noticing, a reputation thickening in one circle — and that kind tends to last well after Jupiter has moved along. If someone more established offers to vouch for you, accept, and accept warmly; Jupiter works through patrons as much as through effort.

The line to keep: the movement available now is modest and cumulative, and it will not feel like enough while it is happening. Measured at the end of the window rather than in any particular week, it turns out larger than it felt, because this sextile compounds quietly instead of arriving.

❖ *Transiting Jupiter sextile natal Jupiter*

Jupiter forms a sextile to its own natal degree for some weeks; should it turn retrograde close by, the angle can recur up to three times inside several months. Your trust in good outcomes gets a modest, well-founded lift. Natal Jupiter is the seat of your sense of meaning: your beliefs, your hopes, the size you allow a life to reach. The travelling planet, meeting it at sixty degrees, hands you an opening, not a parcel. It is genuine and useful, and it tends to close again quietly if

nobody steps through.

There is an almost tangible optimism and openness in how you approach anything new, and it is warranted rather than merely pleasant for once. What loosens is your sense of having to carry everything yourself. Extra responsibilities have arrived and, unusually, so has the option of handing some of them on. Help comes from expected places at unexpected moments — a friend with a free afternoon, a teacher with a suggestion, an acquaintance who knows exactly who you ought to be talking to — and accepting it costs far less pride than you would guess.

You will feel entitled to the good thing that has turned up, which sounds small and is not: most people spend a window like this explaining to themselves why it does not really count. The good thing tends to be ordinary. It might be an offer to learn something, a chance to travel or to teach, a modest sum, or an invitation into a wider circle. Nothing here resembles destiny. Every piece of it compounds if accepted and evaporates if refused as too small to bother with.

Conversations run more smoothly than usual, with less friction between people's ideas and more patience for a strange one. Trust comes a little easier in both directions; someone lets their guard down far enough for you to see what they are really like, and the sight relieves rather than shocks. Study and reading feel rewarding, and a

long-held belief gets room to stretch — not overturned, only made roomier by contact with a person who comes at the same question from elsewhere.

Generosity travels both ways now. You give more freely, of time, of praise, of the kinder reading of others, and more comes back than you sent out, often from unexpected quarters. Watch the scale, though. Jupiter in contact with itself can make a promise sound lighter than it will prove, and a handful of cheerful yeses can turn into a calendar with no air in it before the sextile has moved along. Money can take part as well. A small windfall turns up, or an expense you dreaded proves cheaper than feared, and spending the difference at once, on something that marks the occasion, is the obvious move. Putting a portion toward the thing your beliefs point at — a class, some travel, a better tool — turns a pleasant surprise into a step, and steps of that kind are what this sextile exists to support.

Coasting wastes this aspect more often than anything else. Things go smoothly, so nothing gets started, and the weeks pass as fair weather instead of a beginning. A quieter slip happens too: some people turn defensive under good fortune, pushing away anyone who asks whether the optimism is grounded, as if the question were an attack. It rarely is. More often the question is the sextile doing its job, asking you to put the good feeling somewhere it can last.

A sextile from Jupiter to Jupiter poses one useful question: what do you actually believe will grow if you feed it? Under this contact the answers come out specific — a subject worth knowing properly, a place you mean to see, a skill you would like to pass on to someone just starting out. One of them, given a concrete first step before the sextile fades, is enough, because the next easy opening of this particular kind is some years off.

The line to keep: the luck in this sextile is the plain kind, a door already ajar somewhere in your present life, and it pays out mainly to people who stop treating good fortune as a loan that will be called in.

✥ *Transiting Jupiter opposition natal Mercury*

Jupiter opposes your Mercury, a busy contact lasting weeks that may circle back, and ideas, information and opinions multiply faster than you can sort them. When Jupiter opposes your natal Mercury, you may end up with more to think about than you can usefully hold — and with somebody else supplying most of the surplus. You will try to hold every thread at once rather than admit that one of them ought to be dropped, and that admission is the only thing that actually helps. What runs late is the sorting — trying to work out which of the day's many ideas was the one that mattered, when the honest answer is usually none of them. The useful move is to write them down badly and go to sleep: the ones that survive being read again in the morning are the

ones worth having.

Being an opposition, it arrives largely via other people. Someone offers a bigger plan, a stronger opinion or a flood of advice, and you either expand to meet it or argue against it. Either way, conversations take longer and wander further than you intended. Promises are easy to make and hard to keep, so commit to noticeably less than you are tempted to. Learning, travel and big ideas are well starred, as long as you watch the details. Contracts, plans and arrangements deserve a careful read, because enthusiasm can skip over what is actually written. Exaggeration, yours or someone else's, is the typical error. Publishing, teaching, writing and any form of sharing ideas with a wider audience can go well, provided you edit hard. Any first draft comes out too long and too sure of itself; the second, cut by a third, will usually say more. Feedback from someone who disagrees with you is worth more than praise from someone who already agrees.

Mental restlessness can keep the mind humming late into the night. A stroll, fresh surroundings or a simple, absorbing task helps more than more reading or more scrolling. Give the mind fewer inputs, not more, and the important idea has room to surface on its own.

Unhandled, the opposition makes you defensive about being wrong. A suggestion that your thinking has gaps can feel like an attack, and retreating looks easier than engaging. Underneath is a worry about

seeming foolish in front of people whose respect you want, and the retreat means missing exactly the exchanges that would sharpen your thinking. Met openly, the transit widens your mind. Listen properly to views that differ from yours; they are often the part of the picture you were missing. Say what you believe clearly and once, without over-explaining or circling back to defend it. Write your thoughts down before speaking them aloud, so the false starts stay on the page. By the end, you usually understand both your own ideas and other people's far better than before, and you know which of them are worth keeping.

The line to keep: you will over-explain something that had already been agreed. The extra paragraph is for you rather than for them.

❖ *Transiting Saturn opposition natal Midheaven*

For several months, exact on one, two or three passes, Saturn sits on your IC, directly opposite the Midheaven, and life turns private. Direction, standing and reputation are the Midheaven's business. The IC, where Saturn now sits, is the ground under all of that: the private footing under your public life, where you live, and whatever you head back to after dark. Saturn there asks for inspection and repair. Attention settles downward and inward, and public matters can seem to stall while the groundwork is done.

Where your hours go shows it first. Practical matters at your base need more of you: arrangements about your living situation, the money that props up your private life, a repair long put off. People who know you in public may test whether your position is built on something solid, and the answer depends less on what you show them than on what keeps you upright when nobody is looking. Outside requests land with more weight. Evenings at home, alone or otherwise, start to count for more.

Pushing harder for visible progress and resenting the delays is one mistake; losing confidence in your direction altogether is the other. Both misread the season. A third is quieter: treating the private repairs as an interruption to be rushed so you can get back to the real business, which leaves the base half mended and the next climb unsteady.

Patient effort that nobody sees is what pays now. Use it to strengthen the base: settle your living arrangements, mend the ties nearest you where they can be mended, put your finances on a footing that would survive a lean year, and think honestly about what kind of public life you want to be carrying later on. Saturn arrives at your Midheaven about fourteen years after it crosses the point opposite, and what you lay down now is what that later climb will stand on.

The line to keep: Saturn is working on the foundations, not the roof, which is why none of this looks like progress from the outside. You are

in the private, unglamorous half of a long cycle — build carefully now, and the visible half, when it arrives, will be able to hold weight.

The Daily Current and the Triggers — the Fast Planets

❖ *Transiting Mars opposition natal North Node*

Mars opposes your North Node, usually for three or four days, which also means it sits on your South Node, and your energy is pulled toward familiar ground. The South Node describes what you already do well and fall back on by habit; the North Node, the less comfortable direction your growth keeps pointing. With Mars on the old side, effort flows easily into routines, skills and arguments you know by heart, and the newer direction can feel like an inconvenience, or like something someone else is pushing on you.

Oppositions act through others, so the pressure tends to arrive in human form. Someone challenges a plan, questions a choice, or simply wants something different from you, and the friction lands squarely on where you are heading. You will guard the plan rather than test it, which is the wrong instinct here: this contact is most useful when somebody is allowed to argue with the direction. An opposition supplies that person whether you want them or not, and the temptation

is to treat them as the obstacle rather than as the test they actually are.

Day to day it can look like impatience with anything new: snapping at a suggestion, defending the way things have always been done, or throwing energy into a familiar task to avoid an unfamiliar one. Small disagreements heat up quickly, especially with partners, close friends and anyone you share a home or a project with, and they are often less about the subject than about whose direction wins. Physical energy is high but scattered, which invites rushing, overdoing things, or picking a fight with your own schedule.

What goes wrong is retreat into the known. When the challenge stings, it is tempting to wall yourself off, refuse input, and hear every question as an attack. Underneath is usually a fear that changing course would mean admitting the old way was wrong, or that you would be exposed as a beginner in the new one. That fear makes the old ground feel safer than it is, and it can leave you more alone than the situation deserves.

The useful version treats the friction as information. Ask what the other person is actually pointing at, and whether part of it is true. Use the burst of energy to finish or clear something from the past, a lingering task, an old quarrel, a habit you have outgrown, so that it stops pulling you back. Then take one small step in the newer direction, even an awkward one, while the heat is still available to carry it. A beginner's clumsiness costs very little under this contact,

because nobody expects polish from a first attempt.

Exercise gives the surplus somewhere to go, and so does meditation if you want a calmer channel; either keeps the energy from turning into an argument you did not need to have.

Practical care helps as well. Mars on the South Node favours finishing over starting, so these are better days for repairs, clear-outs and settling debts of time or money than for launching anything. If something new must begin now, begin it modestly and let it grow once Mars has moved on.

Mars returns to this point roughly every two years, so the theme recurs, often with a different person playing the challenger. Each time it asks the same thing: are you still choosing the familiar because it is right, or only because it is easy?

The line to keep: the fight in front of you is standing exactly where you were supposed to be walking. That is inconvenient, and it is also the clearest signpost you will get this year.

❖ *Transiting Mars opposition natal Chiron*

Mars opposes your Chiron through three days, sometimes four, and somebody else's force lands on the tenderest place you have. Chiron is a raw place that has taught you more than most, a sensitivity you carry

and have made something of. Mars brings anger, push and a reflex to defend. In an opposition the shove arrives from outside: a sharp remark, a careless joke, a person who barges straight through the one room you would rather nobody entered. Hardly anyone aims for that room; they simply walk in.

What builds is the effort of not saying something. Somebody has touched a sore place, probably without knowing, and staying civil costs more than the incident appears to warrant. What drains you is the restraint. Holding a reasonable tone about something that is not reasonable costs more than the argument would, and it costs it quietly. What returns at night is the version where you said it plainly, and it is more satisfying and no more useful than what you actually did.

The person who sets it off is rarely an enemy. More often it is someone close, or someone with a little authority over you, who is rushing and does not notice what they have trodden on. This makes it awkward. You cannot quite call it an attack, so the anger has no rightful target, and it either leaks out sideways at somebody innocent or turns inward and becomes a verdict on yourself. Neither is accurate. A real sensitivity has met a real carelessness, and both can be named without casting anybody as the villain.

The short fuse runs in one particular place. Most things roll off you while this contact is on; one subject does not. A comment about your

competence, your looks, your origins or the way you do something lands as if it had been aimed, and you replay it at odd moments for days. The remark is small; the thing underneath it is large, and that mismatch in scale is the whole lesson of the contact. Sometimes the trampling is yours: you protect your own tender spot by going for somebody else's, and that deserves catching early, since it is the version you will regret longest.

Under pressure there are two easy moves. One is to strike first. The other is to withdraw completely and leave the person guessing what they did. Withdrawal feels dignified and keeps the sore place just as sore as it was, while striking first ends the very conversation that might have helped. Mars rarely offers the third option unprompted: to say once, without heat, that the remark landed on something tender, and see how they handle that. Told plainly, most people turn out kinder than the anger expected.

Chiron teaches through exactly this kind of collision, and the lesson tends to be concrete: where your guard sits higher than the situation requires, what you are still defending that could be put down, which people can hear the truth about you without using it against you. A page of journaling after the worst moment, written as a bare account of the words used and the spot they hit, brings the pattern into view well before endless replaying would.

The line to keep: the person who hurts you in these days has no idea what they touched, and their not knowing is why it stings twice.

❖ *Transiting Mars trine natal Mars*

Mars trines your natal Mars for several days, an angle repeated each year or so, and your drive runs with the grain for once. Your natal Mars is your method of going after things: how you start, how you push, how you deal with being blocked. When the moving Mars reaches a trine to it, the push you were born with is backed by the push of the moment, so effort feels natural and confidence is easy to find. Light and pleasant, it asks little.

You take things up on impulse because they are enjoyable rather than because they are improving, and finish them because stopping would take more effort than carrying on. A practical chore you have been circling gets cleared in one go. A decision left for later gets made without fuss, and holds. Disagreements stay friendly, since wanting a thing stops meaning you must win it, and people tend to go along with a plan put to them plainly.

The slip here is haste. Something looks obvious and you act on it before the second thought arrives; usually the trine covers for you, though not every time. A smaller slip is scattering the push across five small things when one of them deserved all of it.

Small, consistent steps toward a goal you already care about use these days best. Choose the goal before the drive chooses one for you; left to itself, it will. If you meditate, a short sit in the evening keeps the calm going longer than the trine does.

The line to keep: ease is not the same as progress. Mars agreeing with itself for a week will carry whatever you load onto it, and will carry nothing at all if you load nothing.

✥ *Transiting Sun trine natal North Node*

What you are doing and where you say you are going agree while the Sun trines your North Node, about two days at a stretch, two stretches a year. Those two are usually out of step, and noticing the days they line up tells you more about the direction than any plan does. The North Node describes the growth that feels unfamiliar but good for you: untried abilities, people outside your usual circle, choices that stretch you a little. The Sun shines on it from a friendly angle, so the unfamiliar reads as interest rather than obligation.

Day to day, things feel aligned. Whatever already fills your time looks as if the person you mean to become had picked it, and a chance meeting or a small offer can point toward a better fit. Serendipity is more likely than usual, but it favours people who are already moving. Those who share your direction turn up more readily and talk more

freely, and someone a step ahead of you may say one sentence that makes the next move plain. A choice you would usually dither over for a week is settled inside an afternoon, and you feel less need to justify it to anyone.

A room can help. Clearing a shelf for the books that matter now, or setting up a corner where the new habit can actually happen, is a small act that outlasts the trine. The environment remembers the intention after the mood has passed. Invitations that fit the direction deserve a yes even when the person asking is almost a stranger, since that is where this node keeps pointing. An enquiry sent, a name added to a list, a first lesson tried: each is small, and each belongs to the heading.

A trine flatters. The danger lies in assuming the ease will last, or that the right direction should always feel like this, and then, when the path next turns uncomfortable, taking the discomfort as proof you have gone wrong. You have not; most growth feels awkward, and this trine is the exception. Comfort gets mistaken for direction as well, since for two days the pleasant choice and the right one can feel identical. Some people use a good day to drop anyone who does not fit their new picture of themselves, which leaves them lonelier than the direction requires. Worry about straying from the path other people expect of you can stop you acting on what you see clearly today.

A small move is the useful one. One goal that fits the direction, finished before the day ends, outweighs a whole page of resolutions, and a short pause in the evening to notice what felt right, and why, makes the step easier to repeat. Small steps taken on days like this add up, because you remember how right they felt. Each return of the trine, roughly six months apart, is a chance to see if the direction you are living still matches the one you picked.

The line to keep: the direction you chose will feel obvious for two days rather than effortful, and anything you put a date on while it does will outlast the clarity by months.

✥ *Transiting Sun trine natal Chiron*

Your Chiron catches the Sun's trine, and for a short stretch, two days and seldom three, your sorest spot is lit from an angle that does not hurt. Chiron shows where you are tender: a load you have not finished learning to carry, and for exactly that reason a subject you grasp more deeply than nearly anyone around you. Usually when the Sun reaches it, the soreness rises with it. A trine reverses that. It warms the area without pressing, so the subject you normally steer around can be looked at, talked over or made into something, and none of that feels like an ordeal.

Mostly it feels like ease around something usually awkward. A remark that would ordinarily sting slides past without leaving a mark. You can bring up the touchy subject with a friend and hear yourself sounding calm, even a little funny about it. Making things goes well, especially when what you make draws on the difficult material: writing it down, painting around it, turning it into a song or a joke. There is an unforced sense of being on your own side, which differs from being mended and need not wait for it.

The same few days suit being useful to someone else. People wrestling with something near your own sore subject tend to turn up, or to admit it aloud, and you have the right words because you have needed them yourself. Helping costs little now and teaches you more than you expected. Now and then the ease lets something tender rise without warning, a sharp pang of feeling halfway through an otherwise ordinary afternoon, and the trine sees that it arrives small enough to hold. Let it pass through without chasing it; it settles again on its own.

Most trines pass unused. With nothing hurting, there is no pressure to act, and the sore place falls quiet again without having been touched. This one asks for something small and specific: a page, a sketch, a conversation, or a plain decision to stop apologising for the tender spot and begin treating it as knowledge. Nothing made here requires an audience, or polish. The point is to touch the sore place while touching it is easy, so that the next harder contact finds it a little less raw than

before.

The line to keep: gentle days are rarer than hard ones and they do not announce themselves; this one lasts about as long as a good weekend, and whatever you make out of the ache while making is cheap will outlast the window that allowed it.

❖ *Transiting Sun sextile natal Mars*

Nerve comes cheaply for the couple of days, twice a year, that the Sun spends sextile your Mars. Courage and drive come from Mars; purpose comes from the Sun. Sextile to each other, the two cooperate. You act with confidence but without aggression, effort feels proportionate, and your manner is warm and direct. You are drawn to the projects you have been putting off out of fear of failing at them, and those projects are where this contact points most usefully.

Difficult things get a lighter hand. A talk you have been dreading needs only one plain sentence, not a speech. Practical tasks get finished instead of rearranged. Competition is enjoyable rather than tense, and you can disagree with someone without either of you leaving the room offended. A first step that needs a little nerve, such as an application, a phone call, an offer or a question asked in public, is cheaper than usual.

Some hesitation may remain, a whisper that this is not really your moment. The sextile will not push past it on your behalf. It lowers the cost of pushing, nothing more. The usual way to waste these two days is to spend the extra nerve on whatever was already urgent, so the avoided thing stays avoided and you feel productive about it.

Hear the hesitation out and then decide for yourself. Choose the task that feels truest to you rather than the most pressing one, and begin it today, since the window closes quickly. By the end of the second day the extra push fades, and whatever you started will need ordinary willpower to continue, which is why starting matters most. Ordinary willpower can keep something moving once it is moving. It rarely gets a stalled thing going.

The line to keep: the first step you take under this sextile will prove to be the hard part, and you will later be puzzled that it took a planet to get you moving.

✥ *Transiting Mars square natal Neptune*

Mars squares your Neptune, a contact lasting from two days to four, and drive and vision stop agreeing on where to go. Neptune carries your ideals, the imagined life and the picture of what might be; Mars needs something solid to hit. Squared, the two chafe, so effort and aim come apart. You are pushing, and the thing you are pushing at keeps

changing shape.

What follows is a peculiar frustration: working hard in a direction you cannot quite see, which wears you down far more than working hard in a clear one. Stopping does not settle much either, because the thing being worked on has no edges and so never reaches a natural end. Plain heavy labour would be easier to bear than this shapeless kind, and at least it would show.

Other people add to the haze. Promises come out vague, plans change without anybody quite saying so, and a message that seemed clear in the morning means something different by evening. You push at boundaries in order to get things done while everybody around you is expecting patience from you instead. Anger has a hard time finding its proper object under this square. It slides into sarcasm, or sulking, or a hazy grievance against someone you cannot name. Small deceptions are possible too: a seller who oversells, a friend who promises help they cannot give, a private account of why the effort is noble. Very little of this is malice. It is fog, and fog hides intentions on both sides.

Small misfires fill the ordinary hours. You go out for one thing and come back with another done. A purchase looks inspired in the shop and puzzling at home. Directions get misread, an address turns out wrong, a meeting place shifts and nobody tells you. A good cause pulls you in and asks more than you budgeted for, and you give it anyway

because refusing feels mean. Anyone who wants a quick decision from you deserves suspicion, as does the urge to rescue somebody who has not asked to be rescued.

Under the strain, escape beckons: more screen, more daydream, more of whatever softens an evening. It works for a night. It also makes the next day's effort vaguer still, and what this square wants is the reverse: to cut the target down to something small and visible enough that even a blurred eye can find it. That means one task with a clear finish, done before anything ambitious is attempted. It means checking the details on anything signed or paid for, and letting a dream stay a dream for a little while instead of squeezing it into a plan before it has a shape.

There is a better outlet for the square, and it is creative. Music, painting, dance, any making with no deadline and no right answer can absorb the force without demanding that it hit a mark. A swim, a wander with no destination or an hour with a sketchbook lets the square spend itself harmlessly. Ideals can be acted on in small ways too, by giving a few hours to something you value, provided you settle the amount beforehand. Journaling earns its place here as well: a few lines each night on what you actually did, as against what you intended, puts edges back on things.

The line to keep: effort goes somewhere under this square and you cannot say where, which makes it the classic stretch for being busy

with nothing whatsoever to show for it.

❖ *Transiting Mercury trine natal Sun*

Mercury trines your Sun briefly, a day and sometimes two, longer when Mercury is slowing down, and what you think and who you are line up. The Sun stands at the middle of you: your will, your sense of purpose, the self you would put forward if asked to describe yourself. Mercury is the voice that explains it. Joined by a trine, they agree without effort, so for a short spell your words match your intentions and arrive in the order you mean them, and people follow you without asking twice. There is unusually little left to resolve before the day can end, and that by itself is restful in a way most days are not.

You will explain yourself well for a couple of days. The account of what you want comes out clear and unapologetic, which is not the usual case, and it is worth aiming at somebody who needed to hear it. Requests land. Apologies come out whole instead of hedged. A half-formed plan suddenly has a first, second and third step, and saying it aloud to another person makes it more real than another week of private thinking would. People agree with you sooner, partly because you are easier to follow, and partly because you have stopped arguing with yourself before you start speaking.

Ordinary days brighten in small ways. Reading is easier, so is writing, so is that overdue talk with anyone you share a roof with, or with a friend who has drifted. Errands go smoothly, short trips run to time, and the kind of admin that usually swallows an afternoon gets done in an hour. Problems that looked tangled turn out to have a loose end you can pull. An unanswered letter finally gets its answer, shorter and warmer than anything you drafted in your head. No part of it is dramatic, and that is rather the point: a trine makes ordinary what is usually effortful, and the ease itself is easy to overlook until it has passed.

Easy days have their own way of being wasted. Because the words come readily, you can spend them all on chat and none on what mattered, or decide that a head this clear is too good to risk and keep it to yourself. An older habit can surface as well. You pull away from the people who could actually help, choosing silence over admitting to doubts that strike you as petty or not worth anybody's time. This trine leaves that habit in place; it only makes the alternative unusually cheap while it lasts.

A few minutes of writing in a journal while the contact runs is worth more than usual, because what you write now tends to be clear enough to use later. Write the thing you want in one or two sentences, without the qualifications you would normally add. Then read it back as though a sympathetic stranger had written it. Most people find the plain

version more convincing than any of the careful ones they have been rehearsing, and the plain one deserves saying aloud before Mercury moves on. It also leaves you something to point to later, when the words have stopped cooperating.

The line to keep: for a day or two the words arrive in the right order without having to be wrestled there, and whatever you spend them on — the apology, the request, the paragraph you keep rewriting — lands better now than it will once talking goes back to feeling like pulling teeth.

✥ *Transiting Mercury trine natal Venus*

Mercury trines your Venus for a day, two at most, and your speech picks up the warmth of what you love. Venus describes your taste: what strikes you as lovely, whose company draws you, the treatment you hope for. Mercury is speech, letters, small talk and the quick exchange. Trined, they cooperate, so kindness is easier to say aloud, praise sounds like you mean it, and conversations drift naturally toward pleasure: food, music, people, plans for something nice. Even an awkward subject, money between friends or a request you dread, comes out sounding reasonable.

Ordinary exchanges go well. A message to someone you like is answered quickly and warmly. A disagreement left sitting awkwardly

can be smoothed with one well-chosen sentence. Writing anything personal — a card, a thank-you, a few lines to an old friend — comes out with less effort than normal. People enjoy your company, and you like them more readily too. Ask a favour now, make peace, or tell somebody what you appreciate about them without making a speech of it; each is received more warmly today than it would be next week.

Beauty and comfort pull at you through the ordinary hours. You might rearrange a room, choose music more carefully, buy something small and lovely, or linger over a meal and a long conversation. A short meditation reads more like a treat than a duty. Small gifts chosen now tend to be exactly right. Creative work with words goes well: a poem, a song, a letter that has been sitting half-finished. The trine favours anything that makes language more graceful, and the results often surprise you.

Smoothness carries a price of its own here. You slip into clichés without noticing when you talk about love and feeling, and underneath it there is a lingering sense that you do not quite know what to say or do next. Pleasant words can also stand in for a decision. Agreeing warmly is easier than saying what you actually prefer, and in this mood you may promise something you do not want simply because the conversation felt nice. Flattery flows both ways under this trine, so a compliment you receive deserves the same light scepticism you would apply to your own.

The line to keep: charm is doing the work for you today, which is pleasant and faintly dangerous — anything said in this register gets believed, and the smooth things evaporate by tomorrow while one true sentence gets remembered for years.

✥ *Transiting Mars conjunct natal Uranus*

Mars meets your Uranus on a short visit, rarely longer than four days, and the restless streak that wants out of every arrangement suddenly has the nerve to act. Uranus is that streak. Ordinary is the one thing it refuses; boredom bites there first, and you would sooner break something than be confined by it. Mars supplies the shove. Together they make impulse feel exactly like clarity. An idea lands complete and seems so plainly right that waiting looks cowardly.

That impulse is the whole event. You drop the routine that bored you, book the trip, change your hair, tell somebody the blunt thing they have been dodging, start something with no plan beyond its first afternoon. Some were overdue for years, and only the speed finally gets them made. The rest are restlessness looking for a door to slam. From inside, they are indistinguishable, because both feel like freedom, and Mars never stops to ask which is which.

Daily life turns jumpy. Plans change on a whim, yours included, and patience runs thin for anybody hoping to talk it over beforehand. Rules

start to feel personal. You are quick with machines and quick with words, and quicker still to drop a commitment that has begun to chafe. Anyone who likes you calm will struggle to keep pace while this lasts. Anyone who likes you surprising will find you excellent company. Strangers find the jumpiness interesting rather than alarming, and a talk with one such stranger can tip a half-made decision either way.

Write the idea down while it is hot, then act only on the parts that can be undone. A choice you could reverse within a month is a fine use of the charge. One you could never reverse deserves a second look from somebody steadier, ideally somebody a little dull, once Mars has moved along. Uranus rewards the trial run more than the leap: live with the new arrangement for a while before making it permanent.

The line to keep: decisions made in these few days are the ones you may be living with in five years, and Mars itself is gone within the week. The urgency belonged to Mars, not to the idea.

✥ *Transiting Venus conjunct natal Saturn*

Venus sits on your Saturn for a day, perhaps two, lasting longer only when she is about to station, and pleasure arrives wearing sensible shoes. Saturn sets rules, keeps time and expects to pay for whatever it gets; Venus covers affection, attraction and simply enjoying things. Joined, they make every pleasure feel weighted, as though love and

enjoyment both had to be earned before they could be had. Nothing is refused outright. It simply comes with a ledger attached, and while the contact holds, the ledger shows more clearly than the pleasure.

Look closely: what you are carrying is affection held back on principle. Something in you decided that warmth has to be earned first, and the decision is old enough that it no longer feels like one. You want closeness and have set conditions on it that nobody has ever been told about. Under this conjunction those conditions come up for review, because Venus keeps bumping into them. A kind remark makes you wary rather than glad. An invitation feels like a duty before it feels like a treat, and you notice how often you accept love only once you feel the bill is settled.

In company the contact favours the serious over the sparkling. Steady, older or plainly reliable people draw you, and the flirt who would have charmed you last week now seems thin. Long attachments look better than new ones, and you may feel a quiet pull to formalise something: say what a bond means to you, agree terms, name what has so far been left vague. That is a sound instinct. Saturn wants commitments that can bear weight, and Venus, briefly, agrees with it.

Money gets careful. A purchase you would normally make on a whim gets examined, priced and often postponed, and the postponement feels oddly satisfying. Taste runs to the durable: the well-made thing over

the fashionable one, the repair over the replacement. You enjoy tasks that are usually a burden — the dull errand, the routine chore, the corner of life where you have long doubted your right to be there at all. Doing something properly gives a pleasure quieter than delight that lasts considerably longer, and nothing else this contact offers is as useful.

When the contact sours, it turns stingy. You go cool, decline the invitation, keep the warm remark to yourself, and decide in advance that people will disappoint you so that nobody gets the chance. A worry about being undervalued sits under it, and it makes you withhold first, which produces exactly the coolness you were afraid of. Loneliness on this transit is mostly self-administered. Repair comes small and unglamorous: one warm sentence said aloud to a person who deserves it, with no conditions added and no test hidden inside.

The contact also shows you your own price list. Notice which kindnesses you accept easily and which you refuse until you feel you have earned them; the line between the two is surprisingly exact, and you drew it. Most of the conditions survive the look. One or two prove to be leftovers, rules written for circumstances long gone, and those can be dropped without ceremony. Venus moves on within days, and the revised ledger, if you bother to revise it, stays.

Time is the other thing Saturn lends this contact. Pleasures that need patience suit it far better than quick ones: a slow meal, a long letter, a walk taken the long way round, an evening spent finishing something you began months ago. Older friendships sharpen too, and someone you have known for years may say something plain about what you mean to them, though more briefly than you might wish. Take the plainness at face value. From a voice like that, three words of approval outweigh a speech.

The line to keep: affection turns up here as reliability rather than as fireworks, and if you are waiting for fireworks you will miss it entirely. Somebody keeping their word to you is the transit.

Mars, the Trigger — the Next Eighteen Months

The slow planets set the weather of these eighteen months, but they have no sense of timing of their own. They sit on a degree for months, applying and separating so gradually that you cannot feel the day one turns exact. What usually gives a slow transit its moment is Mars. It moves quickly and hits hard, and when it passes over a point that a slow planet is already pressing, the pressure that has been building quietly turns into something that happens: a confrontation, a decision, a surge of drive, the day the abstract becomes concrete.

So this chapter follows Mars through the window. First, how Mars works in your particular chart, because that shapes how its triggers feel when they come. Then the movements worth putting in a diary: its return to its own place in your chart, its retrograde if one falls inside the window, and the dates it lands on the points the slow planets are working.

✥ *Your Mars in Water*

Mars in a water sign, as yours is, takes its force inward. When a trigger lands, you will usually register it first as feeling, a surge of hurt, protectiveness or desire, a mood that will not settle, well before anything happens outside. That gives depth and endurance, because you only act on what you care about deeply. It also means anger can go underground and come back sideways, as resentment or a withdrawal nobody around you understands.

The line to keep: your triggers are felt before they are seen, so name the feeling early and the event tends to come out smaller.

Your natal Mars: 23° Scorpio, in your eleventh house.

✥ *Your Mars Return*

Roughly every two years Mars comes back to the degree it occupied at your birth. The return resets your drive: it opens a new two-year cycle

of what you want, which battles you will take on, and where your energy goes. It is rarely dramatic on the day. What you find yourself wanting to start in the weeks around it, though, tends to be the seed of the next two years, which makes this one of the few fresh starts that arrives on a schedule you can see coming.

- **6 October 2027** — transiting Mars returns to 23° Scorpio.

Friends, groups and causes receive this return's energy, with your Mars in the eleventh house. A new cause, a new circle, or a fight taken up on behalf of others is the usual shape of it.

The line to keep: the company you choose to fight alongside now shapes what you hope for in the two years to come.

❖ *Mars Retrograde — Strength Turned Inward*

Once every two years or so Mars reverses for two to three months, and this is the retrograde people feel in the body. Drive stalls, projects that were moving stop moving, and anger that finds no outlet forward tends to turn inward or come out sideways. It is a poor season for starting fights, elective surgery or ventures that need momentum, and a good one for finishing, repairing and training, for going back over something with the strength you usually spend going forward. When Mars turns direct the held energy is released, and whatever you prepared in the meantime moves quickly. Any natal planet in the

stretch Mars retraces is the one the pushback lands on.

The line to keep: a Mars retrograde does not take your strength away; it moves it from starting things to finishing them.

- **10 January to 1 April 2027** — from 10° Virgo back to 20° Leo. It crosses your natal Pluto.

Mars turns direct on 1 April 2027, and Neptune trine your natal Moon is exact on 5 April 2027: the energy held back all through the retrograde is released straight into it.

❖ *The Spark on the Slow Fire*

The most useful Mars dates are the ones on which it lands where a slower planet is already at work. For months Saturn, Jupiter or one of the outer planets can sit on part of your chart quietly, as a doubt, a pressure or a longing that never quite becomes an event. Then Mars arrives and supplies the spark: the conversation that can no longer wait, the decision that makes itself, the surge of drive to finally act on what the slow planet has been asking of you. The dates below are those sparks, each with the slow planet it sets alight. The heat is the same whichever way you use it; what decides its meaning is where you aim it.

- **12 November 2026** — Mars crosses your natal Pluto, sparking Jupiter conjunct your natal Pluto (exact 30 October 2026).
- **10 March 2027** — Mars crosses your natal Pluto, sparking Jupiter conjunct your natal Pluto (exact 24 January 2027).
- **25 April 2027** — Mars crosses your natal Pluto, sparking Saturn trine your natal Pluto (exact 1 June 2027).
- **27 August 2027** — Mars crosses your natal Neptune, sparking Saturn opposite your natal Neptune (exact 25 September 2027).
- **15 September 2027** — Mars crosses your natal Saturn, sparking Jupiter sextile your natal Saturn (exact 6 September 2027).
- **22 October 2027** — Mars crosses your natal Moon, sparking Neptune trine your natal Moon (exact 24 October 2027).
- **26 December 2027** — Mars crosses your natal Chiron, sparking Jupiter trine your natal Chiron (exact 21 November 2027).
- **26 December 2027** — Mars crosses your natal North Node, sparking Jupiter trine your natal North Node (exact 23 November 2027).

The Retrograde Sidebar — Mercury and Venus

The transits above are the report proper, and Mars, the fastest of the triggers, has had a chapter of its own. Mercury and Venus also turn retrograde, each on a rhythm of its own. Mercury does it several times in any eighteen months; Venus reverses only about once in nineteen, so in some stretches it does not turn back at all, and only a planet that actually reverses within these dates is listed below. They move too quickly to anchor a chapter of their own, but their reversals are worth marking on a calendar. A retrograde is apparent backward motion, produced by the way Earth and the planet overtake one another on their orbits; nothing in the sky actually reverses. What people notice in those weeks is that the planet's business asks to be revisited rather than advanced. Below are the dates each one turns back and turns forward again, with the points in your birth chart it crosses on the way. A reversal that touches nothing of yours is background weather. One that stations on your planet is the one to plan around.

❖ *Mercury Retrograde — Going Back Over the Words*

Three or four times a year Mercury appears to stop, reverse for about three weeks, and stop again before resuming. Those weeks are the ones in which messages go astray, plans need a second draft, and conversations you thought were finished come back to be had properly. The planet of thinking and speaking is not broken; it is facing the other way, and it rewards work that faces the same direction: revising, re-reading, repairing, returning to what was left half-said. Launches

that depend on everything being understood first time suffer. A reversal that runs over one of your natal planets puts that planet's business up for review.

The line to keep: a Mercury retrograde rarely causes the misunderstanding; it shows you which agreements were resting on one.

- **24 October to 13 November 2026** — from 20° Scorpio back to 5° Scorpio. It crosses your natal Saturn.
- **9 February to 3 March 2027** — from 5° Pisces back to 20° Aquarius. It crosses none of your natal points.
- **10 June to 4 July 2027** — from 6° Cancer back to 27° Gemini. It crosses none of your natal points.
- **7 October to 28 October 2027** — from 4° Scorpio back to 19° Libra. It crosses your natal Neptune.
- **24 January to 14 February 2028** — from 19° Aquarius back to 3° Aquarius. It crosses your natal Mercury, Sun and Venus.

❖ *Venus Retrograde — Weighing What You Love*

Venus reverses about once every nineteen months, for about six weeks, and when it does the questions of love, money and taste turn inward. Old partners reappear, in person or in thought; a relationship is weighed again; spending that felt reasonable starts to look like a

statement about what you value. Tradition treats these weeks as a poor time to marry, to buy something irreversible or to change your appearance drastically, and the reasoning holds: whatever is chosen during the reversal is chosen by a self that is still reconsidering. What the period does well is honest review, of who and what you actually love and of what you are paying for it. If Venus backs over a planet in your chart, the part of life that planet rules is what gets weighed.

The line to keep: Venus going backwards shows you what you would choose again, which is the only honest measure of what you value.

- **3 October to 14 November 2026** — from 8° Scorpio back to 22° Libra. It crosses your natal Neptune.

The Eclipses of These Eighteen Months — the Accelerators

Transits describe slow pressure; eclipses are the dates on which that pressure tends to become an event. An eclipse is a New Moon or a Full Moon close enough to the lunar nodes for the Sun, the Moon and the Earth to line up, and they come in pairs about every six months, falling on one pair of opposite signs for a year and a half before moving to the next.

Astrologers read them as accelerators rather than omens. In the weeks around an eclipse, situations that have been building come to a point: something begins, something ends, a decision that was waiting gets made. A solar eclipse is usually read as a start and a lunar eclipse as a culmination or a release. Below are the eclipses of these eighteen months, where each one falls in your chart, and what that axis of your life is being asked to move on. An eclipse within a few degrees of one of your planets is named, because that is where the effect is most personal.

- **6 February 2027** — solar eclipse at 17° Aquarius, in your second house. It falls within two degrees of your natal Mercury.
- **20 February 2027** — penumbral lunar eclipse (the faint kind, where the Moon only passes through the Earth's pale outer shadow) at 2° Virgo, in your eighth house.
- **18 July 2027** — penumbral lunar eclipse at 25° Capricorn, in your first house. It is an eclipse on paper only, with nothing to see in the sky; read it as a strong Full Moon on your natal North Node.
- **2 August 2027** — solar eclipse at 9° Leo, in your eighth house.
- **17 August 2027** — penumbral lunar eclipse at 24° Aquarius, in your second house.

- **12 January 2028** — lunar eclipse at 21° Cancer, in your seventh house. It falls within two degrees of your natal Uranus.
- **26 January 2028** — solar eclipse at 6° Aquarius, in your second house. It falls within three degrees of your natal Venus. Also close: Sun.

❖ *Eclipses Across Your Second and Eighth Houses — Mine and Ours*

Your second house holds your own income, possessions and sense of worth; the eighth, opposite, holds shared money, debt, inheritance, intimacy and the resources that come through other people. With eclipses on this pair, money and closeness become one subject. Income can change sharply, a joint arrangement can be made or dissolved, a debt settled, a partner's finances brought into play, and underneath each of these sits the same question: what you are worth on your own, and what you are willing to share. Solar eclipses tend to open a new source or a new financial bond; the lunar ones close something.

The line to keep: what is yours and what is shared gets rearranged here, and your sense of your own worth moves with the money, whichever way it goes.

❖ *Eclipses Across Your First and Seventh Houses — Self and Partner*

This is the most personal line in the chart: the first house of your body, your appearance and the way you start things, and the seventh of partners, contracts and the people you meet face to face. While the eclipses work this axis, relationships tend to change their terms. A partnership may begin, be formalised or end, and the balance between what you do for yourself and what you do for another person is renegotiated, often because one side can no longer carry the weight. A solar eclipse on the first-house side usually starts something in you, a new direction or a decision made for yourself; one on the seventh-house side brings the change through someone else.

The line to keep: your relationships change on this axis because you do, and not always in the order you would choose.

The Transiting Nodes — Where the Pressure to Grow Sits

The eclipses do not fall at random. They cluster around the transiting lunar nodes, the two points where the Moon's path crosses the Sun's, which move backwards through the zodiac and spend about eighteen months on each pair of signs. Where the nodes fall in your chart shows where the sky is concentrating its pressure to grow over the whole period, and not only on eclipse days. The North Node marks the part of life you are being pulled towards, often against habit, and the South

Node, opposite it, the part you are being asked to release or simplify. The eclipses are the moments when that pull is felt most sharply.

The North Node is in Aquarius, with the South Node opposite in Leo, for the whole of this period.

September 2026 to November 2027: the North Node crosses your second house.

❖ *The North Node Through Your Second House*

Your second house hosts the North Node now, so growth runs through your own resources: earning, owning, building savings and a sense of worth that depends on nobody else. Its partner, the South Node, sits in the eighth and loosens entanglement, meaning shared money, debts, dependence on a partner's income, or intimacy used as a form of security. The task until the node moves on is to become more self-supporting, financially and emotionally, and to simplify any arrangement in which your security rests in someone else's hands.

The line to keep: money you earn yourself counts for far more in this period than money that arrives through someone else.

November 2027 to March 2028: the North Node crosses your first house.

❖ *The North Node Through Your First House*

With the North Node in your first house, the pull of these months is towards yourself: your body, your appearance, the way you begin things and the decisions only you can make. The South Node, opposite in the seventh, loosens the habit of leaning on other people, of letting someone else set the direction, carry the risk or decide the terms. You are asked to act more on your own account, and, if some partnership of yours has come to rest on your self-effacement, to let that arrangement change. It can feel selfish at first; it is usually the correction of a long imbalance.

The line to keep: standing alone for a while is the growth here, and the relationships that are right for you survive it.

The Transit Timeline — the Next Eighteen Months

Everything above is the story. This is the calendar: the dates, over the next eighteen months, on which the slow planets reach an exact aspect to your chart. Read the dates as peaks, not as the whole event. A slow transit is felt for weeks on either side of its exact day, building as it approaches and fading as it leaves, so a date here marks the moment the theme is loudest rather than the only moment it is present.

Some contacts appear two or three times. That is retrograde motion: the planet reaches your point, turns back across it, and returns to cross it a final time. The first pass usually raises the question, the middle pass reopens it, and the last one tends to settle it. The fast planets are left out on purpose. They cross your chart every few weeks and would bury the dates that matter under the ones that do not.

❖ *2026*

September 2026 — 18th: Jupiter sextile your natal Midheaven · 25th: Chiron trine your natal Ascendant · 28th: Jupiter opposite your natal Mercury.

October 2026 — 25th: Jupiter square your natal Mars · 30th: Jupiter conjunct your natal Pluto.

November 2026 — 4th: Uranus opposite your natal Moon · 5th: Saturn sextile your natal Sun · 8th: Saturn sextile your natal Venus · 18th: Jupiter sextile your natal Neptune.

❖ *2027*

January 2027 — 5th: Jupiter sextile your natal Neptune (again, on the retrograde loop) · 6th: Pluto sextile your natal Moon · 11th: Saturn sextile your natal Venus (again, on the retrograde loop) · 13th: Saturn sextile your natal Sun (again, on the retrograde loop) · 24th: Jupiter

conjunct your natal Pluto (again, on the retrograde loop) · 29th: Jupiter square your natal Mars (again, on the retrograde loop).

March 2027 — 5th: Jupiter opposite your natal Mercury (again, on the retrograde loop) · 27th: Jupiter sextile your natal Midheaven (again, on the retrograde loop) · 30th: Saturn sextile your natal Jupiter.

April 2027 — 5th: Neptune trine your natal Moon · 5th: Saturn opposite your natal Midheaven · 8th: Chiron trine your natal Ascendant (again, on the retrograde loop) · 19th: Saturn sextile your natal Mercury · 28th: Saturn square your natal Uranus · 29th: Jupiter sextile your natal Midheaven (the final pass).

May 2027 — 5th: Uranus opposite your natal Moon (again, on the retrograde loop) · 20th: Jupiter opposite your natal Mercury (the final pass) · 27th: Saturn square your natal Chiron · 30th: Saturn square your natal North Node.

June 2027 — 1st: Saturn trine your natal Pluto · 21st: Jupiter square your natal Mars (the final pass) · 23rd: Saturn opposite your natal Neptune · 24th: Jupiter conjunct your natal Pluto (the final pass).

July 2027 — 5th: Jupiter sextile your natal Neptune (the final pass) · 24th: Jupiter trine your natal Ascendant · 24th: Uranus trine your natal Venus · 28th: Uranus trine your natal Sun.

August 2027 — 16th: Jupiter square your natal Moon.

September 2027 — 6th: Jupiter sextile your natal Saturn · 25th: Saturn opposite your natal Neptune (again, on the retrograde loop).

October 2027 — 12th: Jupiter square your natal Jupiter · 20th: Saturn trine your natal Pluto (again, on the retrograde loop) · 23rd: Saturn square your natal North Node (again, on the retrograde loop) · 24th: Neptune trine your natal Moon (again, on the retrograde loop) · 27th: Saturn square your natal Chiron (again, on the retrograde loop) · 31st: Jupiter sextile your natal Uranus.

November 2027 — 3rd: Uranus trine your natal Sun (again, on the retrograde loop) · 7th: Uranus trine your natal Venus (again, on the retrograde loop) · 21st: Jupiter trine your natal Chiron · 21st: Jupiter sextile your natal Mars · 23rd: Jupiter trine your natal North Node.

✥ *2028*

February 2028 — 2nd: Neptune trine your natal Moon (the final pass) · 15th: Saturn square your natal Chiron (the final pass) · 19th: Saturn square your natal North Node (the final pass) · 21st: Saturn trine your natal Pluto (the final pass).

March 2028 — 1st: Jupiter trine your natal North Node (again, on the retrograde loop) · 4th: Jupiter trine your natal Chiron (again, on the

retrograde loop) · 4th: Jupiter sextile your natal Mars (again, on the retrograde loop) · 11th: Saturn opposite your natal Neptune (the final pass).

The Long Arc — Solar Arc Directions

Solar arc is the simplest of the great timing techniques and the hardest to argue with. You take the distance your Sun has travelled by progression — roughly one degree for every year you have lived — and you move the entire chart forward by that same amount. Every planet, every angle, the whole structure, advanced together. That is the whole method. There is no separate cycle to learn and no second chart to consult. Your chart at fifty is your birth chart moved fifty degrees, and what it shows is which parts of your original design have arrived at each other.

Because everything moves at the same rate, a solar arc contact is exact for about a year and only happens once. A transit comes round again. A progression can retrograde back over the same ground. A directed contact does not: Mars reaches your Midheaven at one age and never again in your life. That is why these read as hinges rather than as weather — the year something structural moved, and the years afterwards that were different because of it. One degree of arc is one year of life. That ratio is what makes the technique worth the trouble,

because it means the chart can tell you not only what is coming but roughly when, and looking backwards, it can tell you what a particular year was actually about.

❖ *Solar Arc Moon trine natal Jupiter*

Solar-arc directed Moon reaches your natal Jupiter along an easy line — so easy that it can pass through unused. Feeling and generosity pull together. The year is generous, home is easy, and pleasant conditions are the ones people most reliably fail to convert into anything that outlasts them. What changes is the place you come back to. Room, warmth, people coming and going, money going into the home rather than out of it — and unusually, none of it costs anything elsewhere. A cooled friendship, or a stiff silence with a relative, can thaw without anybody working at it. An invitation you might usually refuse deserves a yes. An easy angle makes no demands, and comfort spent purely as comfort leaves no mark. Put some of the ease into something with walls: a move, a shared table that becomes a regular thing, a room finally made yours. Contentment that has an address lasts longer than contentment that only has a mood.

The line to keep: this is a year of real domestic good fortune, and whoever is living inside luck like this rarely sees it until it has moved on.

❖ *Solar Arc Moon trine natal Midheaven*

Solar-arc directed Moon reaches your natal Midheaven along an easy line — so easy that it can pass through unused. Over a year or thereabouts, centred on the exact trine, private life and public life support each other for once. Comfort and recognition, usually rivals for your hours, point in one direction, and anyone who knows you up close and anyone who knows you from a distance start describing the same person. Anything public that involves people, care, property, food or a household goes particularly well, and your standing grows from whatever you usually keep indoors. It can also slip by. Nothing is in conflict, nothing is demanding, and a year in which both were available goes to maintenance. Take on a role that needs your feelings brought along, sign your name under something that grew out of home, or turn your direction toward what actually looks after you.

The line to keep: this is the rare year you are not paying for one with the other, and it is the year to commit to something that needs both.

❖ *Solar Arc Venus square natal Uranus*

Directed Venus has moved to a right angle from natal Uranus, and closeness and freedom start pulling on the same rope from opposite ends. Affection arrives with an itch attached. Sudden attractions, sudden boredom, the urge to change the terms of something that was fine on Tuesday — the square makes stability look like a cage and

novelty feel like oxygen, and both feelings can be honest in the same afternoon. Money follows suit: windfalls, impulse buys, a sudden wish to spend on something strange and beautiful, and an equally sudden bill. People around you will not always see your next move coming, and a few will mistake the restlessness for a judgement on them.

Neither running nor clinging settles it. The square wants a new arrangement in which both needs are written in, and it will not accept a truce that quietly drops one of them. That can mean more room inside a bond rather than a door out of it, a friendship allowed to change shape, or a taste you were embarrassed by finally given space. Art, music and anything made with your hands take the voltage well and make something lasting out of it. Once the arc's year is spent, what survives is whatever could tolerate being surprised, and that includes you.

The line to keep: you will want to be held and unheld in the same week this year, and saying that plainly to somebody works far better than acting it out.

❖ *Solar Arc Jupiter trine natal Ascendant*

Solar-arc directed Jupiter reaches your natal Ascendant along an easy line, so easy that it can pass through unused. This year you strike people as warmer and more assured than usual without doing anything

different to earn it. Doors open on goodwill, people assume the best, and a year of unusual social credit gets spent on nothing more demanding than a pleasant atmosphere in every room you enter. Being liked on arrival is the simple part, and coasting on it is simpler still. Put the credit somewhere. Introduce yourself first to someone you would usually wait to meet, name your strengths plainly when asked, and begin the plan that needs other people's belief before it can exist. Used, the trine lets how you meet the world and what you are capable of finally match in other people's eyes. You are taken for someone substantial because you are, and opportunities arrive through people rather than through effort.

The line to keep: this year people decide in your favour before you have spoken, and the head start counts only for what you begin with it.

❖ *Solar Arc Saturn opposition natal Uranus*

Solar-arc directed Saturn and your natal Uranus sit at opposite poles for a stretch, and the distance between them is the whole reading. Saturn stands for the arrangements you built and mean to keep; Uranus itches to get out of anything finished. With the two planets glaring at each other across the wheel, the pull between them gets played out in the open, usually by somebody or something else. A person, an institution or a sudden rule change pushes against what you worked hard for, and change comes on their timetable rather than yours. The

rope stays taut for roughly three years, tightest in the middle one.

Holding everything still is the obvious response, and it costs the most: anxious bracing, a grudge against whoever is doing the pushing, routines kept only because they are yours. Inspection is more use. Let the challenge show you which parts of what you built are still sound and which were only habit, and let the second kind go without panic. Some of the restlessness you blame on the pushers is probably your own, finally given a face. Whatever survives the test has earned its place, and is worth keeping for decades.

The line to keep: the person pushing against what you have built has no investment in preserving it, which is the only honest test it was ever going to get.

❖ *Solar Arc Neptune sextile natal Saturn*

Solar-arc directed Neptune sits at an easy angle to your natal Saturn for a season, and easy here means available, not automatic. Imagination and structure cooperate quietly. A creative or spiritual pursuit finds a shape you can sustain, a dream acquires a timetable, and a limit you have needed to set can be set without a scene. Decisions taken now are more deliberate than usual, and they hold. The opening behaves like a door on the latch, creaking wider over a year, standing fully open as the angle perfects, and drifting shut over the year after, whether or not

anyone walks through.

Vagueness can defend itself as caution. You overthink, wait for certainty, and the season for making something that matters slips past while you weigh it. Turn the sextile into a habit instead: a regular slot for the art, the prayer, the study or the service you care about, kept up until it stops needing willpower and starts holding other people up as well.

The line to keep: the discipline is quiet enough this year that you can build without hating it. That combination is rare and it does not announce itself.

Your Solar Arc Across the Life

Because the chart advances at a steady rate, the turning points of an entire life sit on a single clock — and unlike almost anything else in astrology, they can be dated. What follows is the sequence of your most significant directed contacts, past and future. The ones behind you are the useful ones to read first, because you can check them. Look at the age, remember what that year actually held, and see whether the contact describes it. If the technique earns your trust anywhere, it earns it there.

The ones ahead are datable in the same way, which is the rarest thing solar arc offers. Not a warning and not a promise — a note that a particular structure in you arrives at a particular part of you around a particular year, and that the year is likely to be one you remember afterwards. Ages are approximate to within a year. The arc is steady but not perfectly uniform, so treat each one as a season centred on the year named rather than a date in a diary.

- **Around age 10** (behind you) — directed Sun conjoined your natal Mercury
- **Around age 10** (behind you) — directed Pluto squared your natal Moon
- **Around age 11** (behind you) — directed Mars conjoined your natal Moon
- **Around age 12** (behind you) — directed Moon opposed your natal Jupiter
- **Around age 13** (behind you) — directed Neptune squared your natal Sun
- **Around age 13** (behind you) — directed Jupiter opposed your natal Ascendant
- **Around age 15** (behind you) — directed Sun squared your natal Mars

- **Around age 15** (behind you) — directed Sun opposed your natal Pluto
- **Around age 15** (behind you) — directed Mercury squared your natal Moon
- **Around age 15** (behind you) — directed Chiron conjoined your natal Sun
- **Around age 19** (behind you) — directed Uranus opposed your natal Sun
- **Around age 25** (behind you) — directed Moon conjoined your natal Ascendant
- **Around age 26** (behind you) — directed Sun squared your natal Moon
- **Around age 26** (behind you) — directed Saturn conjoined your natal Moon
- **Around age 26** (behind you) — directed Venus squared your natal Moon
- **Around age 31** (behind you) — directed Jupiter squared your natal Midheaven
- **Around age 36** (behind you) — directed Pluto squared your natal Ascendant

- **Around age 36** (behind you) — directed Mars conjoined your natal Ascendant
- **Around age 38** (behind you) — directed Sun squared your natal Jupiter
- **Around age 38** (behind you) — directed Neptune conjoined your natal Moon
- **Around age 40** (behind you) — directed Mercury squared your natal Ascendant
- **Around age 41** (behind you) — directed Chiron squared your natal Moon
- **Around age 43** (behind you) — directed Moon squared your natal Midheaven
- **Around age 44** (behind you) — directed Uranus squared your natal Moon
- **Around age 46** (behind you) — directed Moon opposed your natal Uranus
- **Around age 49** (behind you) — directed Moon conjoined your natal Chiron
- **Around age 49** (behind you) — directed Moon conjoined your natal North Node

- **Around age 51** (behind you) — directed Saturn conjoined your natal Ascendant
- **Around age 51** (behind you) — directed Sun squared your natal Ascendant
- **Around age 51** (behind you) — directed Venus squared your natal Ascendant
- **Around age 52** (behind you) — directed Moon squared your natal Neptune
- **Around age 52** (behind you) — directed Jupiter opposed your natal Sun
- **Around age 53** (behind you) — directed Pluto conjoined your natal Midheaven
- **Around age 54** (behind you) — directed Mars squared your natal Midheaven
- **Around age 58** (behind you) — directed Mercury opposed your natal Midheaven
- **Around age 64** (behind you) — directed Neptune conjoined your natal Ascendant
- **Around age 64** (behind you) — directed Moon conjoined your natal Venus

- **Around age 64** (behind you) — directed Moon conjoined your natal Sun
- **Around age 64** (behind you) — directed Moon squared your natal Saturn
- **Around age 66** (behind you) — directed Chiron squared your natal Ascendant
- **Around age 68** (behind you) — directed Sun opposed your natal Midheaven
- **Around age 68** (behind you) — directed Saturn squared your natal Midheaven
- **Around age 69** (behind you) — directed Venus opposed your natal Midheaven
- **Around age 69** (behind you) — directed Uranus squared your natal Ascendant
- **Around age 71** (behind you) — directed Sun squared your natal Uranus
- **Around age 75** (ahead) — directed Sun squares your natal Chiron
- **Around age 75** (ahead) — directed Moon conjoins your natal Mercury
- **Around age 75** (ahead) — directed Pluto squares your natal Sun

- **Around age 75** (ahead) — directed Sun squares your natal North Node
- **Around age 75** (ahead) — directed Mars conjoins your natal Sun
- **Around age 77** (ahead) — directed Sun opposes your natal Neptune
- **Around age 78** (ahead) — directed Jupiter squares your natal Moon
- **Around age 79** (ahead) — directed Moon squares your natal Mars
- **Around age 80** (ahead) — directed Moon opposes your natal Pluto
- **Around age 80** (ahead) — directed Mercury squares your natal Sun
- **Around age 81** (ahead) — directed Neptune squares your natal Midheaven
- **Around age 84** (ahead) — directed Chiron opposes your natal Midheaven
- **Around age 87** (ahead) — directed Uranus conjoins your natal Midheaven
- **Around age 90** (ahead) — directed Sun squares your natal Venus
- **Around age 90** (ahead) — directed Saturn conjoins your natal Sun

The first three readings below are behind you. Each is written as the contact feels while it is live, so read them in the past tense, as portraits of the years named, and check them against what you remember. The readings after them are still ahead.

❖ *Around age 69 (behind you) — directed Venus opposed your natal Midheaven*

Solar-arc directed Venus and your natal Midheaven sit at opposite poles this year, which puts love, comfort and pleasure at the chart's base while your public life stands at the top. Venus here pulls toward home: toward whoever you love, a door you can close, evenings that are nobody's business. Meanwhile your standing and your direction keep asking for time, polish and presence. What you want at home costs you something in public, or the reverse, and somebody else is usually the one applying the pressure. Reputation and relationship get tangled.

An invitation, an offer or a friendship arrives this year that would be lovely for one half of your life and awkward for the other. Money can enter the same argument, when what pays and what pleases point in opposite directions. Before the arc moves on, the two stop being managed separately. What you actually want your life to look like — not the public role alone, not the private arrangement alone — gets decided, and the decision usually holds for a long time. The person

who forced the issue is generally not the one it was really about.

The line to keep: this year makes you say out loud which one you would sacrifice, and most people find they already knew.

❖ *Around age 69 (behind you) — directed Uranus squared your natal Ascendant*

Solar-arc directed Uranus rattles your natal Ascendant by square, and your usual manner starts to grate on you before it grates on anyone else. First impressions belong to the Ascendant, along with the self you put on before speaking. With Uranus squaring it, that front gets shaken loose, often by circumstance more than choice: a change of setting, a break in the ordinary week that makes the old manner look wrong on you. Parts of you that others rarely see come up, and some need time before they are welcomed, by you as much as by anyone. Like a new shoe, the friction starts a year before the square is exact, pinches hardest when it is, and eases as the leather gives over the year after.

Restlessness without a direction does the damage here: changing your circle and your plans every few weeks, so that nothing new has time to set. Remake yourself in stages instead. Keep what still feels like yours, drop the rest without fuss or apology, and give each new way of presenting yourself a month before judging it. Friends need a moment to adjust; let them have it without explaining yourself twice.

The line to keep: the version of you that other people are used to is about to stop fitting, and the discomfort is the old face loosening, not a sign that the new one is wrong.

❖ *Around age 71 (behind you) — directed Sun squared your natal Uranus*

Solar-arc directed Sun rubs at a right angle against your natal Uranus, which makes the urge to break free hard to manage with good manners. Events set the pace. An arrangement or a way of living that suited you stops fitting almost overnight, and your story gets a sharp new chapter whether you planned one or not. The texture is unease mixed with exhilaration. You keep redrawing your limits and pushing against expectations, only some of which deserved it, and for a while your own earlier choices can look as if somebody else made them. The restlessness rises over one year, is loudest in the next, and settles in the third.

Escape can pose as liberation: the sudden trip, the dramatic exit, the reinvention that is really a way of not finishing something. Each one feels like freedom for about a week. A clear-eyed break lasts longer. Change what has genuinely run its course, keep the people who can follow you through it, and let the next part be written more slowly than the urge would like. Before acting, ask whether you are walking towards something or only away from something else.

The line to keep: the urge to break something is real this year and it is rarely aimed well on the first attempt; it reaches first for whatever is closest, which is seldom what needed breaking.

✥ *Around age 75 (ahead) — directed Sun squares your natal Chiron*

Solar-arc directed Sun grinds against your natal Chiron until something moves, and what moves is rarely the thing you had picked. Your Sun is identity and Chiron the place that stays sore, so being yourself costs something this year, and it is nobody's fault. Confidence takes a hit with no single cause. A comment stings that would normally pass, a success feels oddly hollow, and the temptation is to find somebody to blame for a friction that is structural rather than personal. Blame gives the discomfort an address, hence its appeal, and it leaves everything as it stood. What the square forces, given the chance, is a decision about how much of your identity was built as protection. Some traits you think of as simply you prove to be armour, worn so long it passes for skin. What you would be if the injury were not steering becomes a real question, and the question does not go away once it has been asked. Answering it slowly, one habit at a time, is what the arc is for; the self that comes out of it is lighter to carry.

The line to keep: fault is the wrong frame here, and looking for it is how this direction gets spent without anything changing.

❖ *Around age 75 (ahead) — directed Moon conjoins your natal Mercury*

Solar-arc directed Moon meets your natal Mercury, and for a long stretch either side of the exact contact the two stop being separable. Thinking is tinted by feeling. Thoughts arrive half-formed, and you are not sure what you wanted to say until after you have said something else instead, which is a particular kind of frustrating because the right sentence was there the whole time. Feelings that would normally stay wordless now look for words, and the first words found are not always the right ones. Misunderstandings follow, mostly small. The same blending gives an unusual gift for saying what people feel. Letters, conversations and writing of any kind carry a warmth they lack in drier years, and a sentence spoken from the heart lands where a cleverer one would bounce off. Memory is vivid too; old conversations and places come back in detail, and a few deserve writing down. Give important words a second draft: say it, notice how it felt, and say it again better. Short trips, especially to familiar places, carry an emotional charge this year, and a conversation on a train or a walk can settle something that weeks of thinking did not. Plans made now are guided by instinct more than logic, and in this period instinct is usually sound.

The line to keep: the right sentence turns up a day late all year, and anyone who waits for it has earned a place close to you.

❖ *Around age 75 (ahead) — directed Pluto squares your natal Sun*

Solar-arc directed Pluto and your natal Sun square off, and across about a year, half approaching and half receding, the question is who runs your life. Something stronger than your will — a person who controls something you need, an institution, a compulsion of your own, a situation that keeps tightening — presses straight down on your self-image, and charm and effort make no impression on it. Old ways of proving yourself stop working. The ego takes it personally, because it is personal: this direction strips back an identity built for approval and leaves you facing whatever is underneath. Self-doubt is loud, and anger with no proper target can leak into conversations that never asked for it.

Progress comes from facing the pressure directly, with help, across a long stretch rather than in one dramatic scene. Choose someone able to hear the whole story without needing you to be impressive — a counsellor, a mentor, a friend with nothing to gain from the outcome. Stop spending strength on fights about status and put it into the few things you would defend at any cost. Under the pressure a harder, plainer self comes into view, one that has stopped asking permission to exist, and it holds.

The line to keep: you do not get to choose what this takes and you do choose what you rebuild, and that division of labour is the whole of it.

The Deeper Future — the Directed Contacts Still Ahead

Beyond the turning points above, these are the next directed contacts on your clock. Quieter than a contact to the Sun, the Moon or an angle, each still marks a part of you arriving somewhere new.

❖ *Around age 74 — directed Uranus sextiles your natal Moon*

Solar-arc directed Uranus comes within reach of your natal Moon. The door is unlocked rather than open. Uranus brings the sudden and the new; the Moon is home, routine and the moods beneath your days. The two cooperate in a sextile, so your private life can change without the customary upheaval. A move, a rearranged household, a new routine, an old domestic habit dropped: things that would normally need a crisis can now be moved by a decision. Feelings move faster as well. Home may feel restless for no clear reason, or suddenly clear about a need you had ignored for years, and both are signs that the arc is active. Because a sextile only offers, nothing changes unless you act. The restlessness can be spent on small novelties, new furniture or a weekend away, that leave the larger arrangement untouched. Used deliberately, the window lets you alter how you live while keeping the people around you steady, which few years allow. Talk the change through early with whoever shares your home, and they will usually

move with you instead of digging in.

The line to keep: you can change your domestic arrangements this year without anybody's sense of safety collapsing, and most years offer one of those or the other.

❖ *Around age 74 — directed Saturn sextiles your natal Mars*

Solar-arc directed Saturn sits at an easy angle to your natal Mars for a season, though easy in Saturn's sense: open to effort, closed to wishing. Your Mars is push, appetite and the urge to start now; Saturn is staying power, the patience to stick with something once the novelty has gone. For a while they want the same thing, so effort returns more than it takes. A long project broken into stages, a skill that only comes through repetition, a dispute settled on firm, fair terms instead of by fighting: anything that needs steady force answers well now. The angle opens over one year, holds for the next and closes over a third, which is the only pace Saturn has ever liked.

Grinding spoils it. A workable challenge turned into an endless test of endurance wastes the angle, and so does taking risks just to show you are not afraid. What pays is force applied steadily: knowing when to push and when to stop, choosing one hard thing over five half-hearted ones, and keeping a pace you could hold for months. Anger gets more useful under this contact, because it arrives with a plan attached.

The line to keep: this is a rare window in which you can work at full stretch without paying for it afterwards, and it does not come round nearly often enough to be spent on ordinary maintenance and getting through the week.

❖ *Around age 75 — directed Saturn conjoins your natal Chiron*

Solar-arc directed Saturn meets your natal Chiron, and for a long stretch either side of the exact contact the two stop being separable: weight lands on the ache Chiron stands for. Nothing dramatic happens. The tender spot is simply pressed on, steadily and with no crisis to point at, so the ache grows heavier and harder to distract yourself from, and for a while it can feel like proof that nothing ever changes. That reading is wrong. Saturn builds, and what it builds here is a working structure around the sore place. It brings neither closure nor a cure, but a way of carrying it that no longer costs everything. Routines, limits and honest commitments help more this year than insight does. People often start, under this conjunction, to be useful to others in the precise spot where they ache themselves, and they do it better than anyone who never felt it.

The line to keep: Saturn does not heal this, it makes it load-bearing, and a tender spot you can build on is a different object from a tender spot you keep guarding.

❖ *Around age 75 — directed Venus squares your natal Chiron*

Solar-arc directed Venus presses at right angles against your natal Chiron. The square keeps working the sore place for about twelve months, making affection arrive in a shape that does not fit. What is offered is real and lands wrong, and the reaction — flinching, over-explaining, quietly withdrawing — makes no sense to the person offering it. Praise can feel like a test, and a generous gesture can set off a quiet sum of what will be owed later. Money and self-worth tangle in parallel: spending on yourself feels faintly illegitimate, or spending to be liked feels compulsory. The square forces the mismatch into view, and it moves once it is named instead of absorbed. Understanding why kindness is hard to take is not the same as being able to take it, and it is most of the distance. Said aloud, the pattern becomes something you can warn people about, and they usually adjust more gladly than you expect.

The line to keep: the flinch moves faster than the facts this year, and most of its targets turn out to be someone simply being kind.

The Directed Lights and Angles — Where Your Whole Chart Has Arrived

Your directed Sun has reached Aries — 22 degrees in, crossing into Taurus around age 81.

A directed Sun in Aries is a long chapter in which the self learns to go first. Roughly thirty years of it, and the lesson is not courage in the dramatic sense but the plainer business of wanting something before anybody has agreed it is reasonable, and moving on it. People often date a life's real starts to this passage: the leaving, the founding, the thing begun without permission.

It is easy, in these years, to run on heat without direction — a chapter of beginnings that are never carried far enough to become anything, each one abandoned at the point where it stopped being new. A self that has learned it is allowed to initiate does something harder with the same fire, and spends its Aries years building on the first thing rather than starting a fourth. Time tends to move quickly all through this sign, and those who know you usually see the distance you have travelled some while before it occurs to you.

Your directed Moon has reached Aquarius — 17 degrees in, crossing into Pisces around age 86.

Distance enters the feeling-life for the length of an Aquarius chapter. Thirty years of watching your own emotions from slightly outside them, which is useful for perspective and unhelpful for warmth, and both of those are the same faculty doing its work. The default is detachment used as armour: friendliness with everybody and closeness with almost nobody, feelings understood thoroughly and inhabited

rarely. The achievement is an inner life wide enough to hold people who are nothing like you, and steady enough not to need them to become so. The chapter tends to widen who counts as yours, and to loosen the grip of the family you were issued in favour of the one you assembled. The loyalty in this chapter is real and is given on different terms than before, which some people close to you will experience as a loss.

Your directed Ascendant has reached Pisces — 12 degrees in, crossing into Aries around age 90.

How you are met becomes harder to pin down. For thirty years the manner is gentler, more permeable and less clearly outlined, and people frequently describe you afterwards in terms that do not match each other. The rough form is a presence with no edges: impressions absorbed rather than made, boundaries that have to be re-established constantly because nobody could see them, and a tendency to be assigned whatever role a room needs. The refined form is genuine gentleness with a spine in it — unmistakably kind and entirely clear about what it is not available for. This passage often coincides with a change in how you are photographed, remembered and described, none of which will feel entirely accurate to you. Being hard to summarise is the cost of being genuinely open, and this chapter charges it in full.

Your directed Midheaven has reached Capricorn — 0 degrees in, crossing into Aquarius around age 103.

Structure becomes the public work, and stays that way about thirty years. The world asks you to take responsibility, build something that outlasts you, and be answerable for it in front of people who will not be forgiving. The default is a career carried as pure obligation: the ladder climbed because it was there, authority accepted without ever asking whether the thing being run was worth running. The achievement is earned standing of the most durable kind — a reputation built so slowly that nothing short of your own choices can take it away. This is the passage most likely to put you in charge, and most likely to make that lonelier than it looked from underneath. The people who used to tell you things stop telling you things, and the change is rarely announced to you or explained afterwards.

The Directed Lights and Angles Across the Whole Life

Your directed Sun: Aquarius from 0 to 21, Pisces from 21 to 51, Aries from 51 to 81 (now), Taurus from 81 to 90.

Your directed Moon: Sagittarius from 0 to 26, Capricorn from 26 to 56, Aquarius from 56 to 86 (now), Pisces from 86 to 90.

Your directed Ascendant: Capricorn from 0 to 30, Aquarius from 30 to 60, Pisces from 60 to 90 (now).

Your directed Midheaven: Libra from 0 to 13, Scorpio from 13 to 43, Sagittarius from 43 to 73, Capricorn from 73 to 103 (now).

How to Read Your Own Solar Arc Going Forward

You do not need this report again to work out what is next, and it is worth knowing how so that the technique stays useful after the year it was written for. Take your age. That is roughly your arc in degrees. Add it to any planet in your birth chart and see what the result lands on — a natal planet, an angle, the cusp of a house. That is a contact, and it is due at that age.

Work forward rather than backward. Look at where each of your planets is now in directed position, then ask what is within the next ten degrees of it. Those are your next ten years, in order, and you can write them on one page. The contacts worth marking are the ones involving the Sun, the Moon, the Ascendant and the Midheaven, in either direction. Those four points describe the identity, the inner life, the body and the public role, and a directed contact to any of them tends to be a year somebody would remember.

Reading Any Directed Contact — the Method

Every contact in this report is built from the same four questions, and once you can ask them you can read a directed chart without help for the rest of your life. What is moving. The directed planet is the active party — the thing arriving, the pressure being applied. Directed Saturn brings weight and consequence. Directed Venus brings sweetness, money, and the pull toward another person.

What it arrives at. The natal point is the part of you receiving it, and it is receiving it in the sign and house it has always occupied. The same directed Saturn lands very differently on a natal Moon than on a natal Jupiter, because the thing being pressed is different. What angle they make. A conjunction fuses and is the loudest. An opposition confronts and usually arrives as another person or an external event. A square forces action. A trine and a sextile open a door and leave the walking to you. When. Take the arc, count the degrees to exact, and that is the number of years. Allow about a year either side, and expect the first signs a little before the exact date rather than after — a directed contact usually announces itself while it is still applying.

A Note on the Technique and the Tradition

Solar arc is old, and it is the surviving simplification of something older and stranger. The medieval astrologers used primary directions, a

method of such arithmetic difficulty that whole careers went into computing single charts, and which required a birth time accurate to the minute to be worth anything at all. Solar arc is what remained when practitioners asked which part of that machinery actually earned its keep. The answer was the rate: about a degree a year, applied to everything. Strip away the rest and you keep most of the accuracy for a fraction of the work, which is the trade every working tradition eventually makes.

It is worth knowing what the technique does NOT claim. It does not say the year is fated, and it does not say what form the contact takes. Directed Uranus on your Sun says that something in your sense of yourself breaks open around that year. Whether that is a resignation, a diagnosis, a move across the world, or simply a private decision nobody else notices is not written in the chart, and anyone who tells you otherwise is selling something. What it is genuinely good at is the shape and the timing. Read it that way and it is remarkably reliable. Read it as prophecy and it will make a fool of you, as it has of better astrologers than either of us.

How Solar Arc Fits With Your Other Timing

No timing technique is meant to be read alone, and solar arc has a specific job in the set.

Transits describe the weather: frequent, repeating, often loud, and mostly about the present conditions rather than the direction of travel. Solar arc describes the structure moving underneath that weather. A transit can make a difficult month. A directed contact makes a different decade. Progressions sit between the two — the inner life unfolding at its own pace, the emotional and psychological development that a transit can trigger but not cause. Where a progression describes what you have become ready for, a direction describes what arrives.

The years that actually turn out to be turning points are almost always the years where these agree. A directed contact alone can pass quietly. A transit alone passes by definition. But a directed contact to a natal point, with a slow transit to the same point in the same year, is the configuration that shows up in a biography — and when you find one in your own chart, either behind you or ahead, it is worth taking seriously.